

TSWAR
Sankalpa
Annual Report 2018-19





The purpose of life is not to be happy.
It is to be useful, to be honorable, to be
compassionate, to have it make some
difference that you have lived and lived well.

Ralph Waldo Emerson





SARBANI DAS ROY
SECRETARY

Dear friends,

In the magical 12th year of its journey, I am happy to share the struggles and successes of the mind champions and Team Iswar Sankalpa through the difficult terrains of recovery-oriented programs of treatment, care and rehabilitation.

The single most important thread running through all the pages of the year was the way in which we have broken the stony walls of social isolation and embraced our fellow citizens – doubly marginalised by homelessness and mental illness. For too long, have we looked away from this bundle of rags and dirt. For too long have we been afraid of her unpredictable behaviour. But it has taken this embrace to touch the pain in her and the human in me.

The discovery of the deepest reservoirs of strength and 'capacity' of persons whom the world had held with increasing despair and the way in which we have succeeded in bringing delight to the care process have been 'magical moments' we have cherished over the year.

Hope you will enjoy reading this testament of love and toil of a committed team of changemakers.

Sarbani Das Roy

CONTENT

08

Naya Daur: Outreach Programme

12

Sarbari and Marudyan: Shelter Programmes

16

Urban Mental Health Programme

20

Day Care Centres

23

Reintegration

24

Functional Literacy Programme

25

Saksham: Vocational Skills Training

26

Supported Employment

27

Access to Entitlements

28

Restoration

31

Crust and Core: Cafe cum Training Unit

33

Nayagram: Assisted Community Living Programme

35

Clients' Expressions

36

Events

37

Way Forward

38

Media Coverage

40

Governance, Accountability and Transparency

41

Financial Statements

45

Our Supporters

HIGHLIGHTS OF THE YEAR

Kaun Banega Crorepati

On 26th October 2018, the Co-founder and Secretary of Iswar Sankalpa, Ms. Sarbani Das Roy participated in the Karamveer episode of the 10th Season of *Kaun Banega Crorepati*. In the show, hosted by Padma Vibhushan awardee, Mr. Amitabh Bachchan, Ms. Das Roy played the popular quiz game and raised INR 25,00,000 for Iswar Sankalpa along with actor Ayushmann Khurrana. The issue of homelessness and mental health reached out to millions worldwide, through this television show. This led to the organisation receiving a lot of follow up calls and donations.



Seminar at Annual Program

On 27th January 2019, Iswar Sankalpa conducted a seminar on *Delivering Community Care for Persons with Severe Mental Illness: Bridge The Gap*. The seminar brought together a host of eminent mental health professionals to exchange knowledge and ideas around the same.

The seminar saw keynote speeches by Dr. Vikram Patel (Professor of Global Health and Social Medicine at the Department of Global Health and Social Medicine of Harvard

Medical School in Boston) and Dr. Suresh Bada Math (Department of Community Psychiatry in National Institute of Mental Health And Neurosciences (NIMHANS)) on "A Rights Based Approach to Mental Health Care" and "The Real Life Challenges Of Delivering Multidisciplinary Community Care For Severe Mental Illness" respectively.

Dr. Abir Mukherjee and Dr. Aniruddha Deb moderated a panel discussion on "Roadblocks to Community Service Delivery for Homeless Persons with Severe Mental Illness." The panellists were Dr Vikram Patel, Dr Suresh Badamath, Koel Chakraborty (service user), Professor Pushpa Misra (President, Indian Psychoanalytical Society), Shri Debashis Roy (IG of West Bengal Police) and Dr. Ajoy Chakraborty (Director of Health Services). Disability rights activist, Ms. Ratnaboli Roy concluded the seminar with relevant points of discussion.



Survey on Mental Health Literacy

In August 2018, Iswar Sankalpa with the support of Azim Premji Philanthropic Initiatives (APPI) expanded its flagship programme Naya Daur (Community Outreach Programme) to 20 more wards in North and Central Kolkata. A survey was conducted to assess the community's knowledge about mental illness and mental health facilities, and attitude towards persons having a mental illness. Homeless persons with severe mental health problems were also identified during the survey.

CONTEXT

Iswar Sankalpa's work in the global context can be understood as an intersection between health, gender, and rights, aimed at providing a holistic support system to help persons with psychosocial disabilities live a dignified life.

Our work compliments the 2030 Agenda for Sustainable Development, adopted by all United Nations Member States in 2015, which provides an outline through 17 Sustainable Development Goals (SDGs) to achieve peace and prosperity for people and the planet, now and into the future. Its key focus is to work towards providing equitable opportunities for all persons, hence contributing to a life of inclusion for those on the margins.



Everyone has the right to a standard of living adequate for the health and well-being of himself and of his family, including food, clothing, housing and medical care and necessary social services, and the right to security in the event of unemployment, sickness, disability, widowhood, old age or other lack of livelihood in circumstances beyond his control.” .

– Article 25 (1),
The Universal Declaration of Human Rights



- India spends 0.06% of its health budget on mental health care (2011 WHO report)
- 17 lakh + homeless people in India (Census of India, 2011)
- Around 8.5 lakh to 11 lakh homeless people suffer from undiagnosed mental illness (National Mental Health Survey, 2015-16)
- The treatment gap for different mental illnesses is between 70% to 92% (National Mental Health Survey, 2015-16)



ABOUT ISWAR SANKALPA

VISION

Ensuring dignity and holistic wellbeing of persons with psychosocial disabilities

MISSION

- To lend a helping hand to those with psychosocial disabilities, particularly those from under-privileged sections of society
- To empower people with psychosocial disabilities and mental health conditions in attaining their rights

Prevention of Homelessness due to Mental Health Conditions

Providing Care and Support to Homeless Persons with Psychosocial Disabilities

Rehabilitation of Persons with Mental Health Conditions

URBAN MENTAL HEALTH PROGRAMME:

Integrating mental health services with the primary urban health care centres in partnership with the Kolkata Municipal Corporation (KMC) in wards 11, 26, 54, 78 and 82

NAYA DAUR:

Community based outreach programme which caters to homeless persons with psychosocial disabilities on the streets, with the aim of building a community support system around them

DAY CARE CENTRE:

Day care centre for providing psychosocial support to our clients from various programmes

SARBARI & MARUDYAN:

Shelters for recovery and rehabilitation of urban homeless women and men with psychosocial disability

REINTEGRATION PROGRAMME:

Inclusion of persons with psychosocial disability through reunion with families, access to entitlements, vocational skill building, functional literacy, avenues for supported employment and community resettlement

CRUST AND CORE:

A livelihood venture of Iswar Sankalpa, serving as a Training Unit cum Cafe to develop skills for sustainable employment

NAYAGRAM:

Assisted community living programme in Kashipur, West Bengal, where women earn a livelihood through engagement in agricultural work and animal husbandry

IMPACT

3000+

Lives have been touched and transformed through **street care** in the last 12 years of working in over 60 wards of Kolkata; all of them were guaranteed the basics of life - food, clean clothes, healthcare and a human touch

221

Voluntary caregivers from the community (tea-stall, grocery shop owners and the like) joined the care network, extending care & treatment to our street clients

500+

Homeless women with psychosocial disability **provided safe shelter**

100+

Homeless men with psychosocial disability **provided safe shelter**

330+

Homeless clients have been **reunited with their respective families** since 2007 after years of separation

3297+

Persons with mental illness from low socio-economic backgrounds **accessed affordable mental health care and treatment** through Iswar Sankalpa's clinics run in partnership with Kolkata Municipal Corporation in 5 wards of the city



When you are homeless and
can barely clothe your body,
You have only your sense of self
to remind you that you are human.

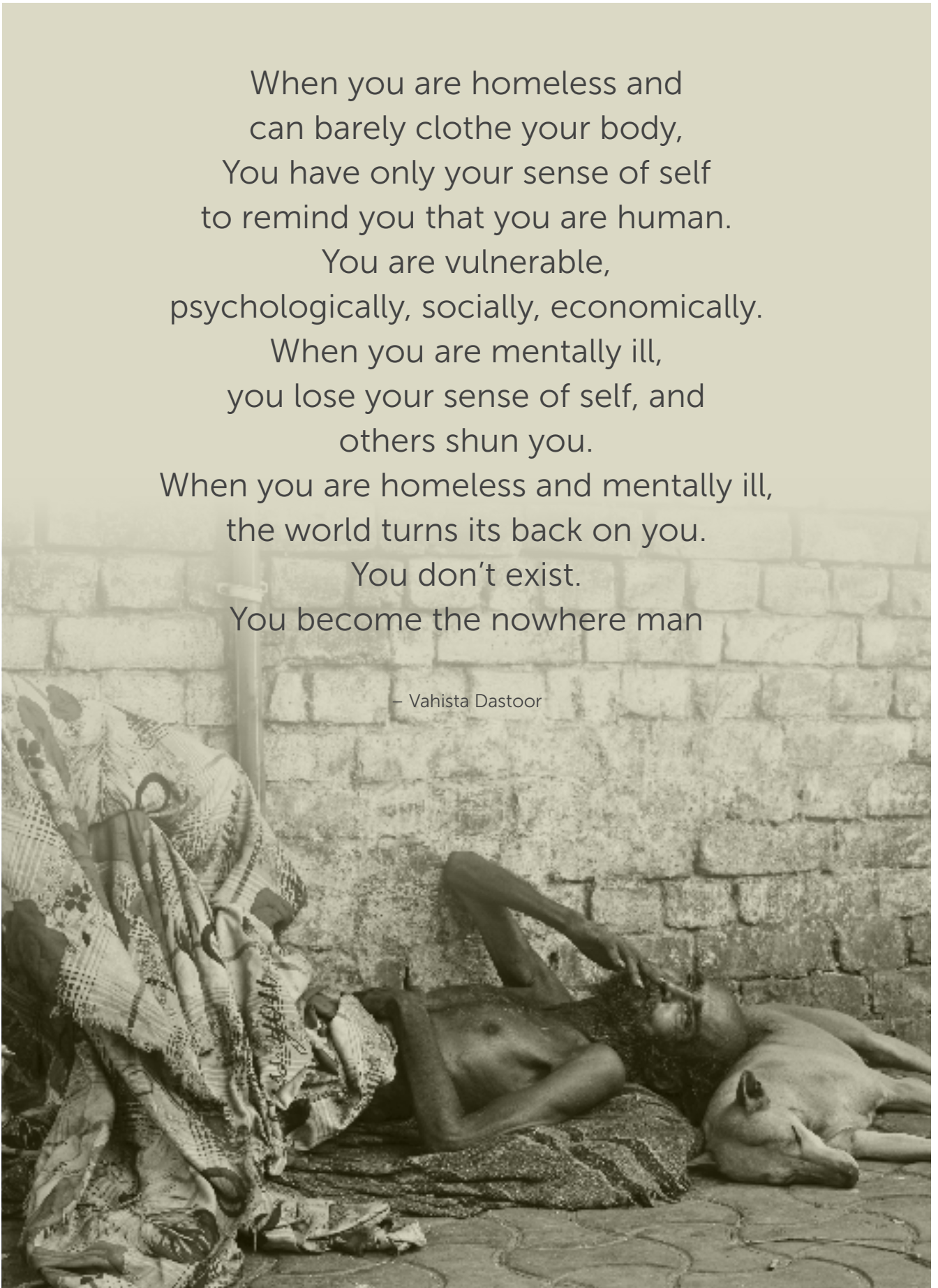
You are vulnerable,
psychologically, socially, economically.

When you are mentally ill,
you lose your sense of self, and
others shun you.

When you are homeless and mentally ill,
the world turns its back on you.

You don't exist.
You become the nowhere man

– Vahista Dastoor



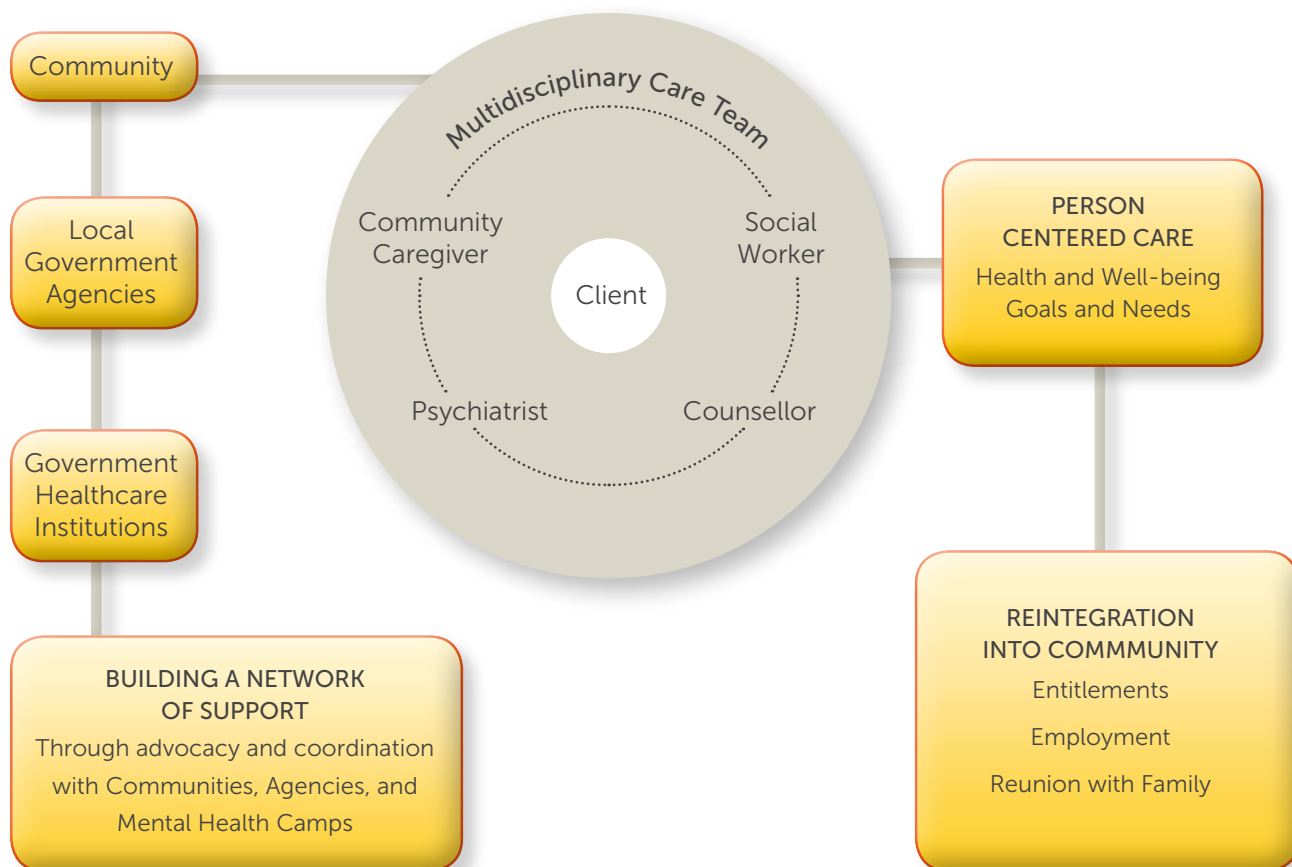
NAYA DAUR

Community Based Outreach Programme for Homeless Persons with Psychosocial Disabilities

The flagship programme of Iswar Sankalpa aims to provide mental healthcare and allied services to these nowhere persons on the streets itself, through a multidisciplinary team. Such services for homeless persons with severe mental health problems were completely absent in the city of Kolkata in 2007, and continues to be absent in large parts of our country. The team involves a network of voluntary caregivers from the community to support the clients in their journey towards reclaiming their rightful place as citizens of the country.



HOW NAYA DAUR WORKS



137

Lives Touched

6

Medical Camps

22

Awareness Events



450+

Persons Reached through Awareness

INR 8,44,421

Donation Raised in Kind

126

Community Caregivers

Recovery of Clients

70%

Clients Recorded an Overall Improvement as per IDEAS (The Indian Disability Evaluation and Assessment Scale)



In Acceptance Lies Happiness



We first met *Ram Singh* in *Mullickbazar* through a medical camp organised by *Iswar Sankalpa* in February 2019. He was found in a dishevelled state, avoided eye contact and was reluctant to have a conversation. When the team tried to enquire about his family, he said "*Mera koi nahin hain*" (I don't have anyone to call mine).

At the camp, he preferred to keep to himself and collected dispensable things lying around, not caring about his own belongings. He appeared to be anxious and restless at the same time. His silence reflected a sense of grief he was experiencing. He was eventually diagnosed with a mental health condition in which a person usually experiences severe high and low moods, along with changes and disturbances in sleep, thought, behaviour and energy.

Post the camp, the team started visiting him regularly, and there gradually developed a friendship between him and our social worker. The team tried to help him accept his situation and move beyond the darkness and loneliness he felt within. The community he lived in, played an equally important role in this process. *Chintu Bhai*, who runs a roadside food stall near *Mullickbazar* crossing, came forward to provide him with food and medicines. Gradually, through motivational sessions, *Singh* started taking care of his hygiene and appearance. *Chintu Bhai* appointed him as a helper in his hotel and started addressing him affectionately as '*Papa*'. Today they share a bond - a bond beyond blood relationships.

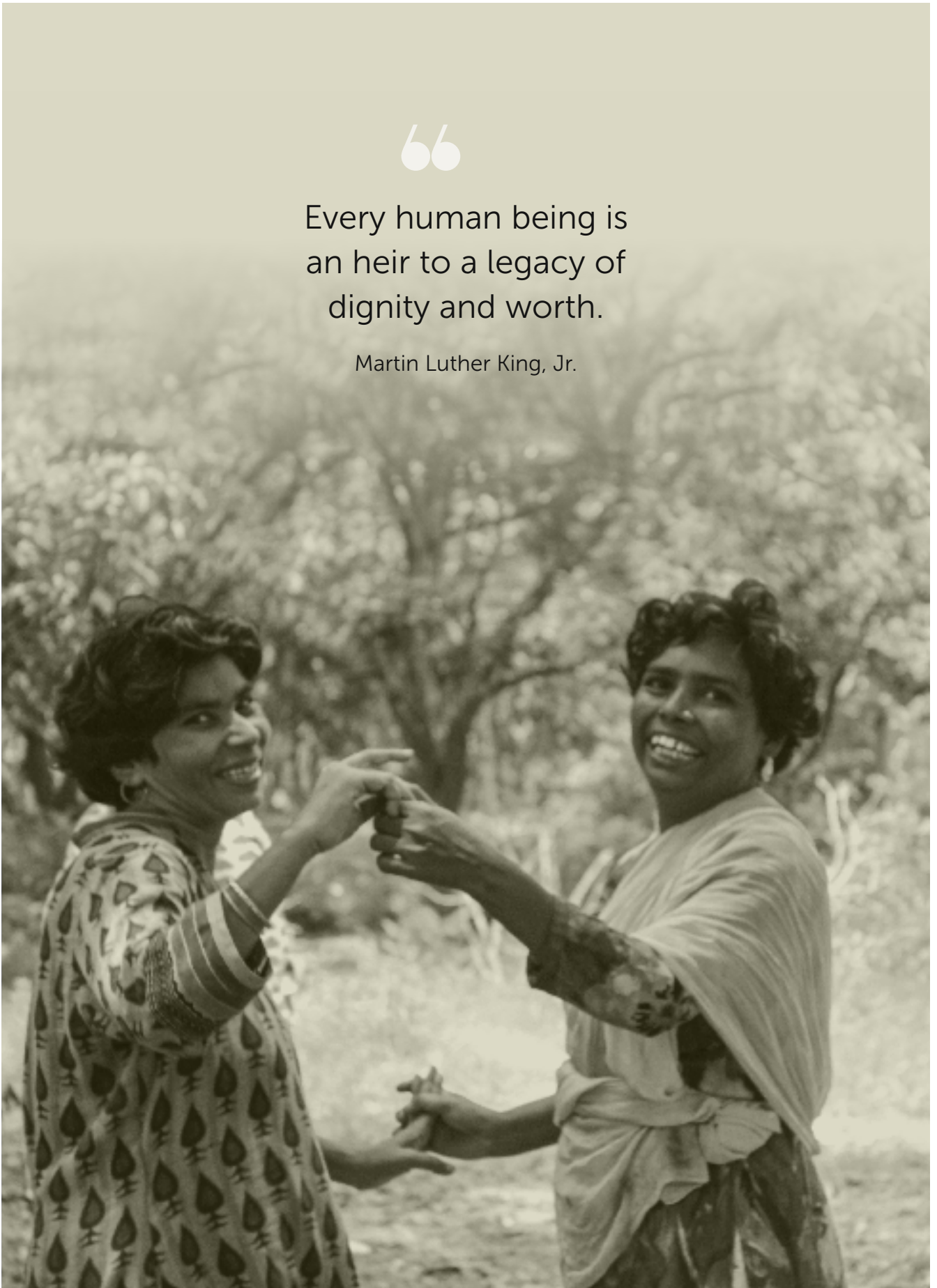
Singh has started earning enough to bear his own expenses. He saves money and buys things for himself. He has also mentioned that his home is somewhere in Delhi, but we are trying to elicit more information about the same, to help locate his family.

The essence of *Naya Daur* lies in this story- An abandoned man, homeless and having a psychosocial disability, made a journey towards rediscovering himself and became increasingly self-dependent. With the help of mental health services, an empathetic citizen, and an accepting community, *Singh* is now living a life with dignity. In acceptance, he found happiness again.

“

Every human being is
an heir to a legacy of
dignity and worth.

Martin Luther King, Jr.



Sarbari and Marudyan

Shelters for Homeless Persons with Psychosocial Disabilities

The shelters extend a therapeutic roof over homeless persons with severe psychosocial disabilities, who are vulnerable on the streets. They focus on their recovery and rehabilitation by providing an array of client centred services, addressing their biopsychosocial needs.

The shelter for women was established in 2010, and that for men in 2015, with the ardent support of the Social Welfare Department, Government of West Bengal.

The goal is to promote clients' holistic well-being, enabling them to maximise their capacities to serve as productive members of the society.

HOW THE SHELTERS WORK



Sarbari

122

Lives Touched

10

Awareness
Events

250+

Persons Reached
through Awareness

INR

9,94,278

Donation Raised in Kind

Recovery of Clients

75%

Clients Recorded an Overall Improvement as per IDEAS
(The Indian Disability Evaluation and Assessment Scale)



Marudyan

51

Lives Touched

4

Awareness
Events

120+

Persons Reached
through Awareness

INR

3,04,739

Donation Raised in
Kind

Recovery of Clients

96%

Clients Recorded an Overall Improvement as per IDEAS
(The Indian Disability Evaluation and Assessment Scale)



Deepak's story

Stepping Stones to Success

Deepak Chaudhury was brought to the men's shelter in June 2016 in a poor health condition. He used to live with his cousins in his ancestral house, but due to his mental health issues, his family abandoned him. Within a few months of coming to the shelter, his health improved dramatically given tailored treatment and care, and he started working in a stationery shop as a shop assistant as well.

But after a few months, he decided to discontinue his medication and started consuming alcohol. He stopped going to work and had a relapse. The shelter team stepped in for a more intensive hand-holding process to help him adjust better.

Over time, Deepak developed a deep understanding about his condition and is now taking good care of himself. He now works as a delivery boy at *H.R Synergies* and is doing well for himself.



Pata and Sabita's story

A Serendipitous Encounter

Pata and Sabita lost their homes and their families due to psychosocial disability. *Pata* had been in *Sarbari* since 2015, often sharing stories of her "*huri di*" (big sister). In 2018, a certain twist of fate brought *Sabita* to the shelter and it soon became evident that *Sabita* was *Pata's "huri di"*!

The two sisters, rendered homeless, found each other in a shelter! After years of separation, they had given up hope of ever seeing each other again. What really were the chances of such an emotional reunion?!

Sabita now lives with her daughter and *Pata* has found a new home at *Nayagram* (Assisted Community Living Programme). Therapy, love and care gave them a new lease of life!





People with mental problems are our neighbours. They are members of our congregations, members of our families; they are everywhere in this country. If we ignore their cries for help, we will be continuing to participate in the anguish from which those cries for help come. A problem of this magnitude will not go away. Because it will not go away, and because of our spiritual commitments, we are compelled to take action.

- Rosalynn Carter



URBAN MENTAL HEALTH PROGRAMME (UMHP)

Integrating Mental Health Care with Primary Healthcare

The programme aims at prevention of homelessness due to mental health issues, through early intervention and a focus on awareness building. Started in 2012, it is run in collaboration with the Kolkata Municipal Corporation in 5 wards of the city - 11, 26, 54, 78 and 82. It focuses on integration of mental health care with general healthcare in urban primary health centres and providing accessible and affordable healthcare to the underprivileged section of the society.

HOW THE URBAN MENTAL HEALTH PROGRAMME WORKS



3184
Lives Touched

10
Volunteers from the
Community

INR
1,24,783
Raised in Kind
Donation

70

Awareness Events

17970

Door to Door Visits

25,700+

Persons Reached through Awareness

Linking Community Outreach with the Urban Mental Health Programme

In 2018, homeless persons with psychosocial disabilities started availing mental health services at the Ward Health Units where the UMHP is functioning. Thus, bridging the gap in access to affordable mental health services for the last man on the street, and protecting their right to healthcare.



Community Awareness on Mental Health

This is an integral part of the UMHP model that aims at spreading awareness on mental health, illness and wellbeing within the communities in which the programme operates. It hopes to dispel myths and counter the stigma attached to mental health issues. The team engages members of the community, institutes, families, and client voices to reach out to people.

One way in which the team brings the community together is by engaging with their belief systems about religion helping in mental health care. The team has brought together religious leaders to espouse the view - *Dawa bhi aur Dua bhi* (Both medicines and prayers help in recovery), to bring about awareness in a collaborative manner.



Yoga with a Difference



In this city, there is a yoga teacher for persons with psychosocial disabilities. His story is a story of many others, but his resilience is unique.

Two years before retirement, in 2002, *Sukumar Mallick* slid into depression. At that time, he consulted a Psychiatrist, who put him on medication. Things seemed better for a few years but the underlying problems remained. On the brink of retirement, his mind ruminated on the regrets and disappointments of his life. He and his wife struggled to get along. The big house that they shared, felt empty and lonely to him. A few years later, after another bout of depression, his medication was changed.

This cycle of recovery and relapses continued till May 2018, when he lost his sister, which pushed him further into quietness. He hardly spoke, preferred to stay indoors and experienced a terror of enclosed spaces. When he came to the UMHP clinic in *Ekbalpur*, he had already been on medication for 16 years!

There, he finally found a space to talk about what he had been going through. Over a period of time, he gradually opened up to express his grief over the loss of his sister and shared his regret at not having children

and consequently grandchildren. The loneliness he felt at home left him feeling very listless. Overtime, he was encouraged to engage in some activity outside his home. He discovered his interest in Yoga which helped him not only to cope with his own depression, but also help others with psychosocial disability, by teaching it.

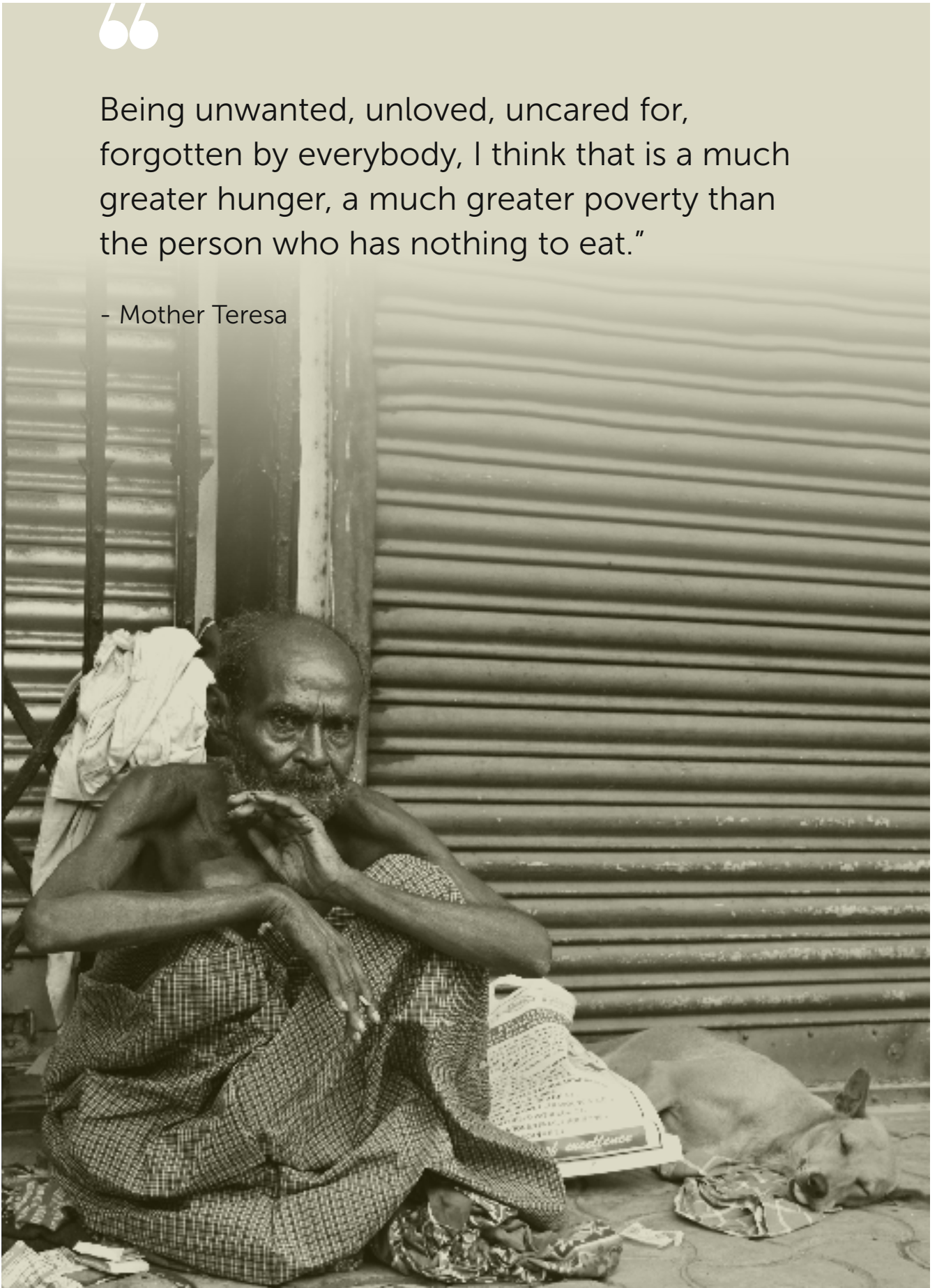
Retirement and loss of a loved one are difficult experiences. Coping with loss, regrets and loneliness can seem overwhelming without support. Our cities are full of people for whom the world has changed remarkably. Friends have moved, dear ones have passed away and the city itself has changed. Finding one's bearing and engaging with life outside home is challenging. But, *Mr. Mallick* found support and navigated through these hurdles. He is now an active member of UMHP's Self-Advocates Group and is presently receiving training so that he can share his own experiences with others and continue to encourage them in their recovery.

Presently, he is committed to giving Yoga sessions at one of *UMHP* clinics and at *Sarbari* (Shelter for homeless women with psychosocial disabilities), which brings him immense satisfaction.



Being unwanted, unloved, uncared for, forgotten by everybody, I think that is a much greater hunger, a much greater poverty than the person who has nothing to eat.”

- Mother Teresa



DAY CARE CENTRES

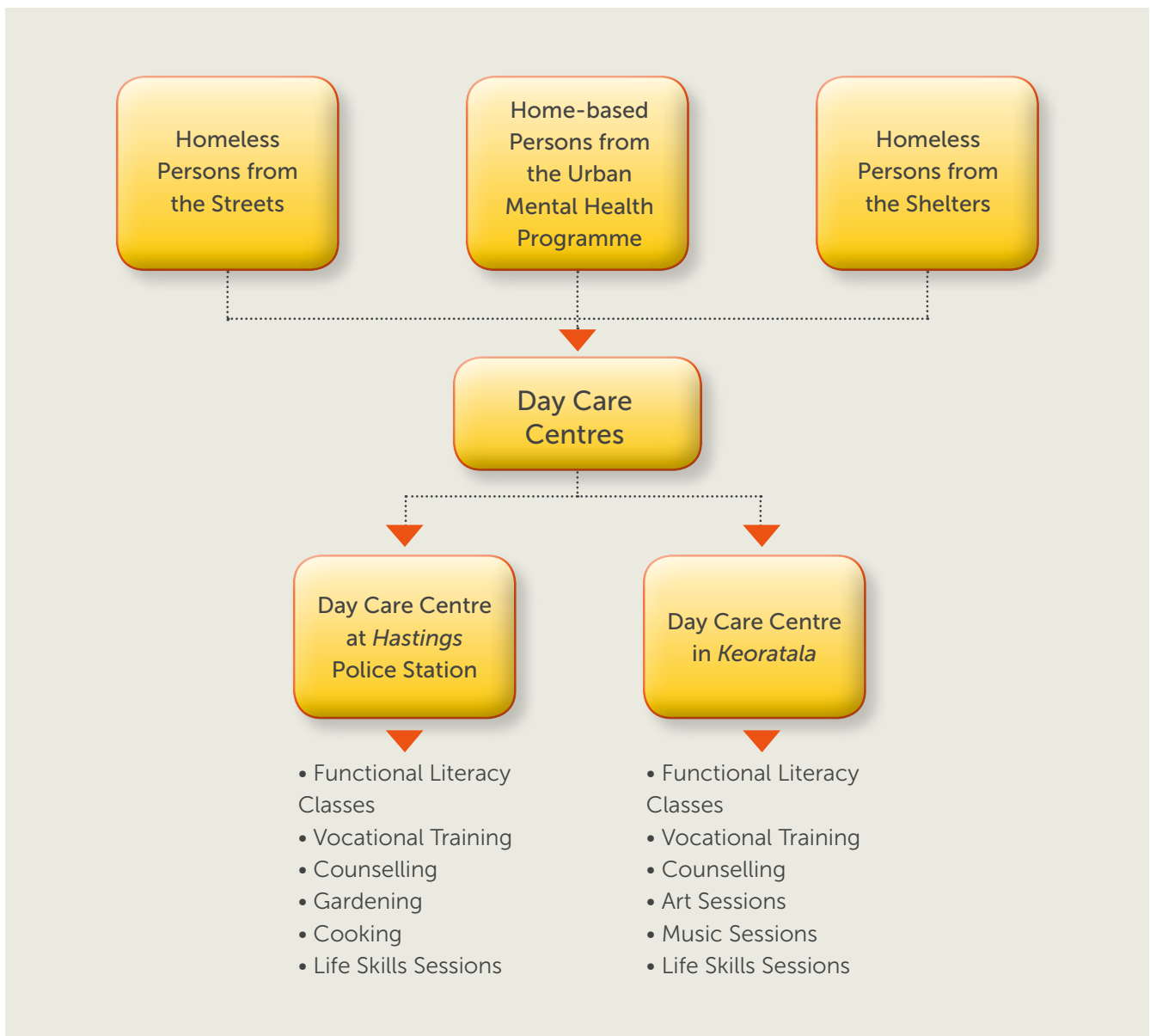
Rehabilitation Centre for Persons with Psychosocial Disabilities

The Day Care Centres are therapeutic hubs for persons with psychosocial disabilities which offer a gamut of activities for their social recovery.

It draws clients from all the programmes, serving as a critical convergence point to catalyse their rehabilitation and reintegration process.



HOW THE DAY CARE CENTRES WORK



Day Care Centre – Hastings

31
Lives
Touched

INR
31,435
Donation
Raised in Kind

Day Care Centre – Keoratala

21
Lives
Touched

INR
9,260
Donation
Raised in Kind

Surajit's story

The Journey from a Client to a Caregiver



Surajit was brought to our Day Care Centre at Hastings Police Station in October 2018 by local community members. They told our team that he lived on the streets in a deplorable state, and refused to communicate with anybody.

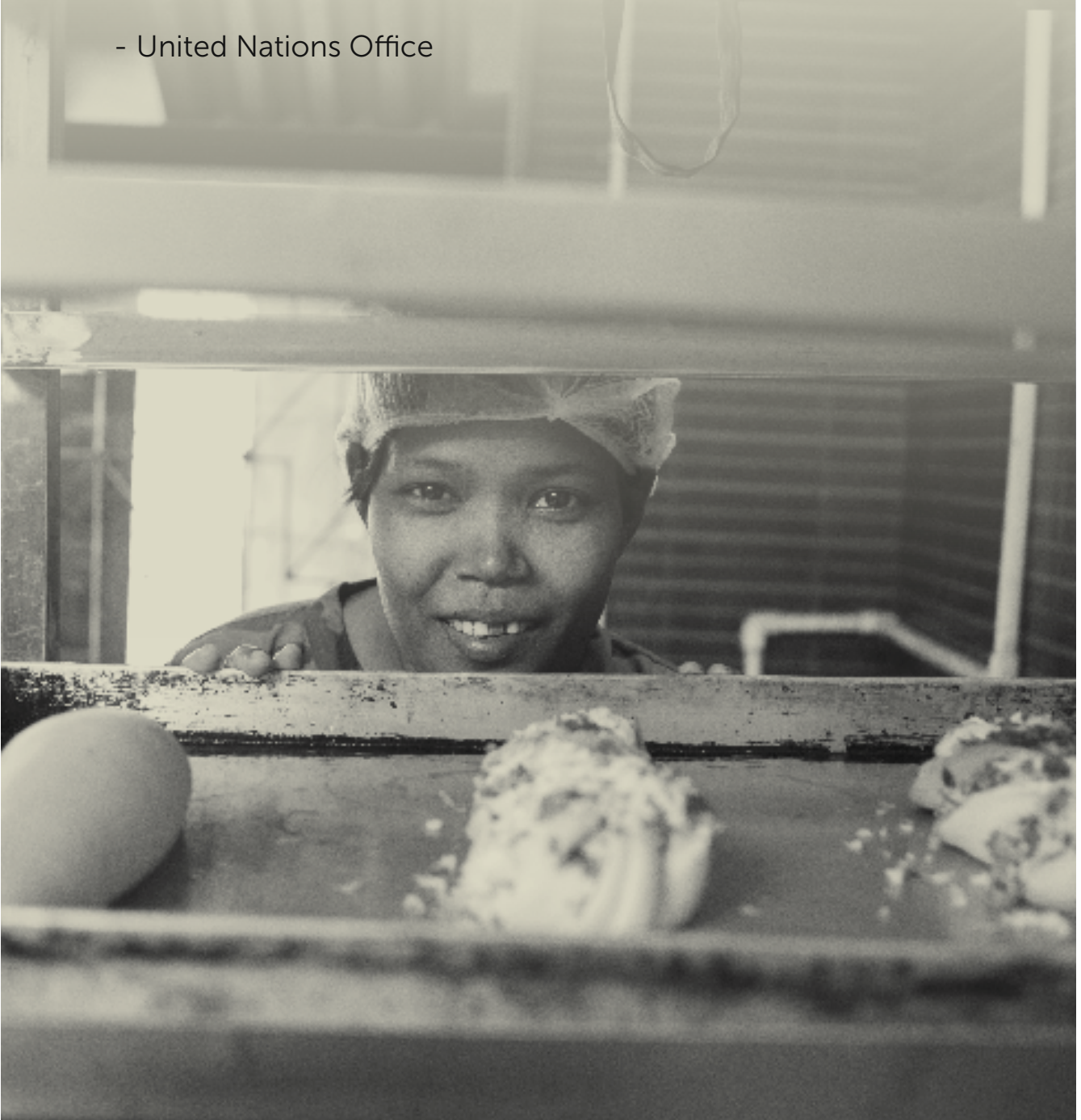
The team initiated a series of activities with him, and in due course of time, he started responding. He soon shared details about his family who lived near Hazra in Kolkata.

From being unkempt, homeless, and dealing with a diagnosis of a mental health condition, to developing a sense of hygiene, ease in communication, Surajit has undertaken a remarkable journey within a span of 5 months. He is an active participant at the centre and has donned the hat of a caregiver - he brings other clients to centre all by himself and supports them in executing various activities there; encouraging peer-to-peer learning.



At the heart of every human experience is the desire to survive and prosper. To live without fear, hunger or suffering. To imagine how your life could be better and then have the means to change it.

- United Nations Office



REINTEGRATION

From the Fringes to the Forefront

The Reintegration Programme at Iswar Sankalpa aims at the 'inclusion' of persons who are marginalised due to psychosocial disability. This often leaves them with the inability to explore their full potential and live a life with dignity. The programme is both enabling and empowering; supporting homeless and home-based persons with psychosocial disability in the process of reintegration through multi-pronged interventions.

HOW THE REINTEGRATION PROGRAMME WORKS



FUNCTIONAL LITERACY PROGRAM

The Functional Literacy Programme (FLP) is designed to support homeless persons with psychosocial disabilities in learning/relearning pre-vocational skills needed for day-to-day living- the 3 Rs, money management, communication, travelling through public transportation and the like.

The programme boosts clients' self-confidence and helps them develop a positive self-image. This contributes to their overall well-being.

110

Clients participated in FLP

4

Clients appeared for the Rotary India Literacy Mission Examination



Trip to Shantiniketan

For the first time, 8 women from the women's shelter went on a trip to Shantiniketan, West Bengal. They were able to partly finance this trip through the money they earned by engaging in the livelihood opportunities available. This experience motivated them to plan budgets for a trip, spend their money according to their choice and make memories of a lifetime!

The functional literacy classes are designed to equip clients with the basic skills of money management and budgeting, which is an important aspect of daily living. The residents of our women's shelter exhibited these skills on their holiday.



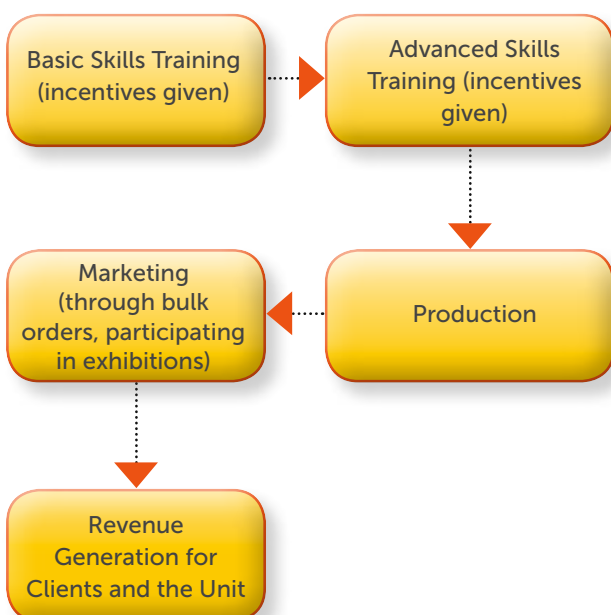
SAKSHAM

Vocational Skills Training Programme

The Vocational Training Unit at Iswar Sankalpa, aims at training home-based and homeless persons with psychosocial disabilities in skills which will help them earn a livelihood, foster self-dependence, and help them become productive members of the society in a dignified manner.



HOW SAKSHAM WORKS



SUPPORTED EMPLOYMENT

A person's self-image is enhanced by the work they do—they derive a sense of dignity, self-worth and self-reliance from the work they do. At Iswar Sankalpa, emphasis is laid upon engaging persons with psychosocial disabilities in work to expedite their recovery process. The team works with potential and active employers to ensure a work environment conducive for clients' engagement and productivity.

The objective is to furnish irrefutable evidence of clients' capacities and capabilities so that, they won't be viewed as a life-long burden on their family and society.

110

Clients were Engaged in Supported Employment

“

Yahan kaam karke achha lagta hai. Sab ache se baat karte hai. Koi pareshaani nahi hoti. Hafte mein paisa bhi milta hai. Achha lagta hai.
(It feels good to be working here. Everyone speaks nicely. There is no tension. I get my salary weekly. It is nice)

Santosh, resident of Marudyan
(Men's Shelter)



ACCESS TO ENTITLEMENTS

Homeless persons with psychosocial disabilities lose their rights as citizens of the country due to lack of relevant documents/ identity proof, which in turn is either lost or left behind at home, when they start living on the streets. With barely any savings and facing life as a nonentity, these persons require the support of the State through relevant entitlements to rebuild their lives.



Advocacy is an important means of raising awareness on mental health issues and ensuring that mental health is on the national agenda of governments. Advocacy can lead to improvements in policy, legislation and service development.

WHO, Advocacy for Mental Health

102 Homeless Persons got access to at least 1 Entitlement

18

Voter ID Cards

2

Aadhar Cards

16

Disability Cards

18

Bank Accounts

11

Travel Concessions

75

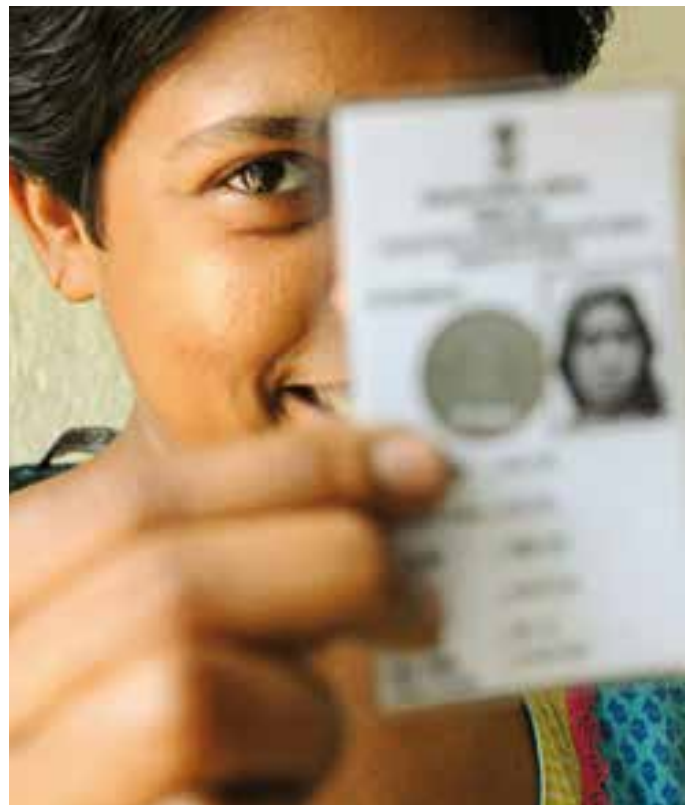
Ration Cards

8

Disability Pensions

57

Homeless Persons will cast their Vote in the 17th Indian General Elections to be held in May, 2019



RESTORATION

Home is truly where one's heart lies. We, at Iswar Sankalpa, relentlessly try to locate our clients' homes from the moment they share some information about their families. Sometimes, we are provided with the complete address and the family is only a phone call away while other times we have to decipher cryptic and vague information related to a temple, a river, a railway station, or about a nearby factory. Linkages with key stakeholders (police stations, hospitals, colleges etc.) support the process.

We believe that the family and the client often need to be prepared to live with one another after years of separation. Thus, the team provides Psychoeducation to the family and After-care to ensure sustainable restoration; periodic follow up phone calls, home visits, and hospital linkages are made to secure clients' care network.

Children meet their parents again, old parents meet their children again, husbands meet their wives - the reunion is always a special story about love and longing.



Reintegration Framework

Pre-Reintegration Capacity Enhancement

- Vocational Training
- Seeking Address
- Tracing Address
- Preparing Family
- Preparing Client
- Accessing Identity Documents

Introducing to the Community Unit (Restoration)

- Client Reunites with Family
- Family Counselling
- Involve Panchayat
- Inform Police
- Find Employer
- Local Hospital Linkages

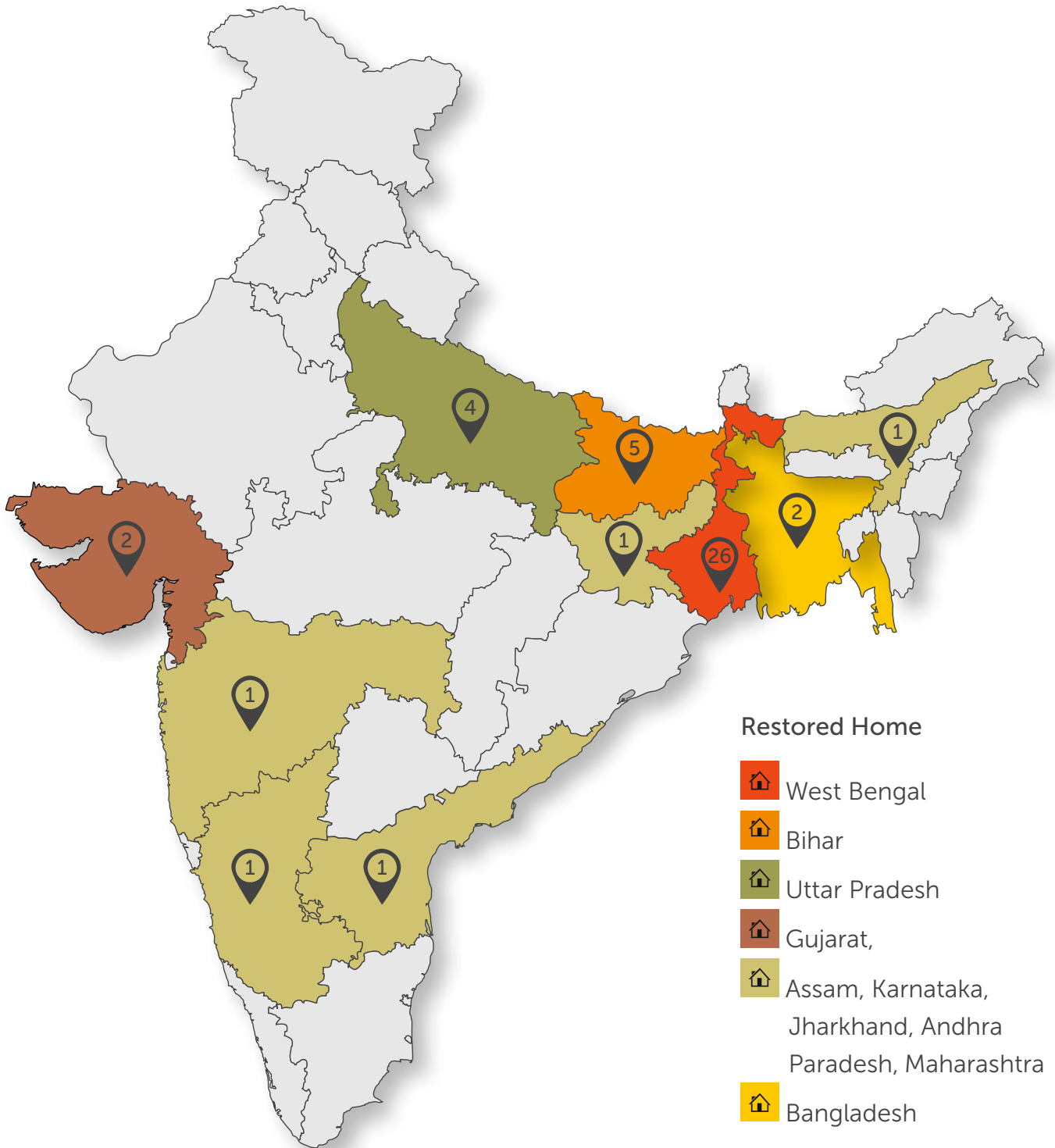
Follow-up care

- Phone Follow Up
- Home Visit
- Follow Up OPD
- Hospital Visit
- Employment



RESTORATION

GEOGRAPHICAL DISTRIBUTION OF CLIENTS REUNITED WITH THEIR FAMILIES



207

Clients followed up through Phone Calls

29

Home Visits made

38

Clients followed up at IS OPD

44

Clients Reunited with their Families

Never Giving up on Her Dreams!



In August of 2018, a young girl was brought to Sarbari by the Police. Loud and angry, Chhobi was a storm by herself! She was strong and would not let anyone dictate any terms to her.

She spent her initial days at Iswar Sankalpa in a state of heightened emotions – often angry and aggressive. Following this, she spent the subsequent days devoid of energy, withdrawn.

She shared that she used to live with her parents and her brother at Patiram, Dakshin Dinajpur. She dreamt of becoming a teacher, hence, pursued B.Ed, much against her father's wish. He wanted her to study in a government college which would be more affordable for him. To support her education, she started giving tuitions to school students. This in turn stirred tension at home. Her lifestyle only compounded the problems - she spent considerable time online and her plans for herself were incongruent with the family's wishes. In the meanwhile, she started battling mental health issues for which she started seeing a Psychiatrist at Balurghat, Dakshin Dinajpur.

One day, after an argument with her father, she left her home to travel to Kolkata, hoping that her friends on Facebook who hailed from the city would help her. Unfortunately, she lost her phone upon reaching Kolkata and had no place to go. Her mental health condition only deteriorated further before the Police found her.

At Iswar Sankalpa, she learnt to manage her anger in a healthier manner and also recovered a great deal through exposure to creative therapies. She attended functional

literacy classes and helped others there. She participated in the Annual Programme dance function and a host of other activities.

When her parents came to take her home, she was clear that her dream to be a teacher was not unreal and could be achieved - she did not want to settle for anything else. She shared her exam schedule and started preparations for it while she was at Iswar Sankalpa. The team used this time to counsel her family members about creating an environment that would allow Chhobi to fulfil her dreams.

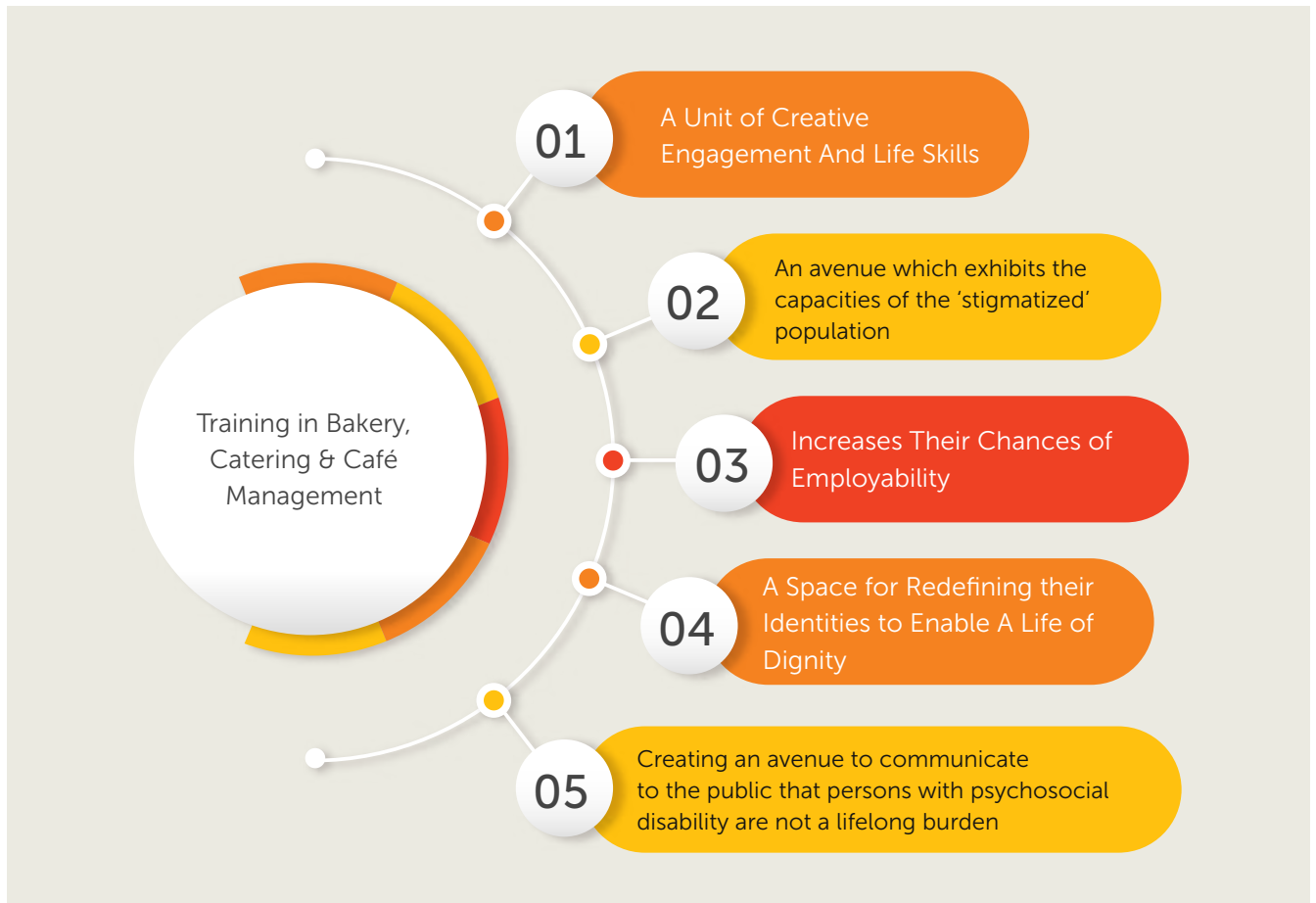
Chhobi has now gone back to her family, and they are adjusting well with each other. She periodically follows up at the organisation's OPD.

It is her determination and belief alone which paved way for her to realise her dream...

CRUST AND CORE

Café cum Training Unit for Sustainable Livelihood

Crust and Core is a livelihood programme for homeless women with psychosocial disabilities. It is a cafe cum training unit where the women receive training in bakery and soft skills to be able to find employment in the F & B sector. It is envisaged as a sustainable programme which will support these women in their journey towards self-sustenance, towards becoming "Mind Champions"!



The unit started in August 2017, and the café was inaugurated in February 2018. This year, Crust & Core explored avenues for revenue generation– participated in various exhibitions, organized events, and executed Pop-ups in the city. Two trainees have completed basic training in Bakery and are now engaged in advanced training. The team is tapping into potential internship and future employment options.

INR **10+** lakh
Sales Recorded

14
Clients Received Training

22
Exhibitions Participated In



The first year of Crust and Core has been nothing short of an adventure! Our Mind Champions pushed themselves, surprised themselves- tossed out batches of delectable cakes, pastries, breads and savouries, and a cadre of supporters and enthusiasts joined our new march.

NAYAGRAM

Assisted Community Living Programme



Many women in Sarbari shelter surpass the limitations of the shelter programme. Their functionality levels demand a more community/family integrated living set-up, with greater self-dependence. Often, there is no trace of the family, or either the women refuse to go back to their families or the families reject them. In such a scenario, the need for a

low cost community reintegration model was mulled over - this laid the foundation of this programme.

The principle belief underlying this programme is that persons recover best, and truly experience inclusion when they return to the environment, they are accustomed to. Hence, Nayagram is situated in the rural village of Uttar Kashipur in South 24

Parganas West Bengal- about 2hrs from the city. This year, construction of a one-storey building as an independent living space in Kashipur was completed. It was inaugurated on the 22nd of October, 2018, by Janab Firhad Hakim, the then Minister of Urban Development and Municipal Affairs and the current Mayor of Kolkata.

15

Women who have Lived in Nayagram

INR

55,508

Total Sales from Livelihood Activities



A Simple Story of Appropriate Expression



Pranati entered into the care circle of Iswar Sankalpa in 2013 after being identified through a street survey. She narrated that she had come to Kolkata with her relatives in search of work but had fallen prey to mental illness and been left behind. She was restless, unkempt and failed to make eye contact with anyone. Long years of abuse had made her guarded. Slowly, through trust building interventions, she started responding to the team.

She started her journey at Nayagram on 5th February 2018. Initially, she started with agricultural work along with other residents. After a few months, she started working in the kitchen too - grinding spices, washing utensils and cutting vegetables. Occasionally, she would feel like walking away and looking for her family; having no news

of them created an underlying restlessness in her.

However, intensive work with her in developing interpersonal skills, learning to negotiate with the feeling of restlessness and frustration led to an increasing sense of calm in her, and strengthened her bond with other residents.

She loves dressing up and takes good care of herself. Most importantly she carries a smile on her face.

Standing in the veranda, she looks up at the sky and sings a rendition of Rabindra Sangeet, '*Pagla hawa badol dine, pagol amar mon nechhe othe*'. It is an appropriate expression of her inner world.

The words of the song translated in English:

"On this wild, windy and cloudy day,
my crazy mind awakes.

For no reason at all, it wants to go
Beyond the world of senses,
where there are no roads!

Would it ever want to return home?
Never – for broken are all the walls!
On this intoxicating rainy evening,

I follow the revelers.

My dreams are under
the spell of drunkards.

Today, I desire what should
not be desired.

Where will I get what I cannot find?

I will not get it even if I break my head over the
impossible!"

CLIENTS' EXPRESSIONS

Raja Das, resident of Marudyan (Men's shelter) recounts his life story and questions his future in this small note.

আমি রাজা দাস। বাবার নাম শ্রী পুলিন বিহারি দাস। আমি যোগেশ চন্দ্র কলেজ থেকে বিকম নিয়ে পাশ করেছি। আমি দিঘা ঘুরেছি। দার্জিলিং ঘুরেছি।

একটি মেয়ে ছিল মুনমুন। কুড়ি হাজার টাকা নিয়ে আমি মুনমুনের পেছলে প্রচুর ঘুরেছি।

মুনমুন আমাকে পাতা দেয়নি। তারপর ঘুরতে ঘুরতে কবে যেন রাস্তাতেই থাকতে শুরু করি।

এখন আমি ঈশ্বর সংকল্পে থাকি।

মাবো মাবেই চিন্তা হয়... আমার ভবিষ্যৎ কি ?

My name is Raja Das. My father's name is Pulin Bihari Das. I studied in Jogesh Chandra Chaudhuri College, Kolkata and passed with B.Com Honours. I have travelled to Digha, and Darjeeling too.

There was a girl called Munmun who I really liked. I left home with Rs. 20,000 and pursued her a long time. But Munmun rejected me. In this pursuit, I did not realise when I started living on the streets. Now I live in Iswar Sankalpa.

Sometimes I worry... What is my future?



01



02



03



04



05

01 Chanda Devi, resident of Sarbari

02 Laxmi Biswas, resident of Sarbari

03 Prajwal, resident of Marudyan

04 Titasha Pakray, client of UMHP

05 Kakali Sarkar, client of UMHP

EVENTS



Rabindra Jayanti



Raksha Bandhan



Rehabilitation Fair



Annual Picnic



Christmas Celebrations



Annual Sports Day



Holi Celebrations



Dengue Rally by Kolkata Municipal Corporation

WAY FORWARD

Circle Leadership

A fundamental change in the system of leadership, the decision-making patterns and essentially the culture of the organisation. A previously centralized decision making chain is in the process of transforming into a Circle Leadership with the focus on strengthening the middle management, making joint decisions, increasing ownership and utilising the collective wisdom of the team.

Scaling Up the Naya Daur Programme

Naya Daur has been extending support to homeless persons with psychosocial disabilities in over 40 wards of South Kolkata since 2007. With the support of Azim Premji Philanthropic Initiatives, we have expanded the programme to 20 new wards of North -Central Kolkata.

The Women's Collective

This initiative was undertaken in January 2019 with the support of PVR Nest. The objective is to institute a collective of homeless women from the city by enabling and empowering them to protect and promote their rights.

Expansion of Nayagram

Nayagram is envisioned to be a self-sustaining unit. The plan is to construct the first floor of the building to accommodate more (recovered) women from the shelter.

MEDIA COVERAGE



International Women's Day 2019: এক চুমুকেই মন ভাল, নারী নক্ষত্রের ঈশ্বর সংকল্প

ie

Bangla News / Lifestyle News in Bengali / International Womens Day Crust And C...

এক চুমুকেই মন ভাল, নারী নক্ষত্রের ঈশ্বর সংকল্প

খাবার অর্ডার নেওয়া থেকে পরিবেশন, বিলিং সমস্তটাই সামলাচ্ছে কয়েকজন মহিলা। রীতিমতো দক্ষ হাতে সামলাচ্ছেন সবটা। কয়েকবছর আগে ব্রঁদ্রাকে রান্না থেকে উদ্ধার করে নিয়ে এসেছিল ঈশ্বর সংকল্প নামে এক ব্বেচ্ছাসেবী সংস্থা।

BY: ARUNIMA KARMAKAR Mar 8, 2019, 8:00:25 AM



কলকতানী সংস্থা অনে পোলীসনী মদদথো মাতা সাঘ মিলন থযু
গাড়াগোণানো অস্থির ভগজনো
বান কলকতা পছোঁথী গযো উতো
পোলীসে শোধখোণ করবা মাটে সোশিয়ল মাধ্যমনো সছারো লেবো পছ্যো

সাময়ক ইটীনে পরিবারনী তপাক ইয়ার্ত কতী, ত্বতে অস্বাভাবিক খোমোস্তমার্ট মেস্ত. তে পরমর্দে মূপ যথোতা খুবাননে পসো মেরববা মাটে অস্থিরত খামখোনে কছারো বীথো উতো. ইথো কলকতানী কস্বননে খুবান অস্বাভাবিক খোমোস্তমার্ট মেস্ত. অস্বাভাবিক খোমোস্তমার্ট মেস্ত. অস্বাভাবিক খোমোস্তমার্ট মেস্ত. অস্বাভাবিক খোমোস্তমার্ট মেস্ত.

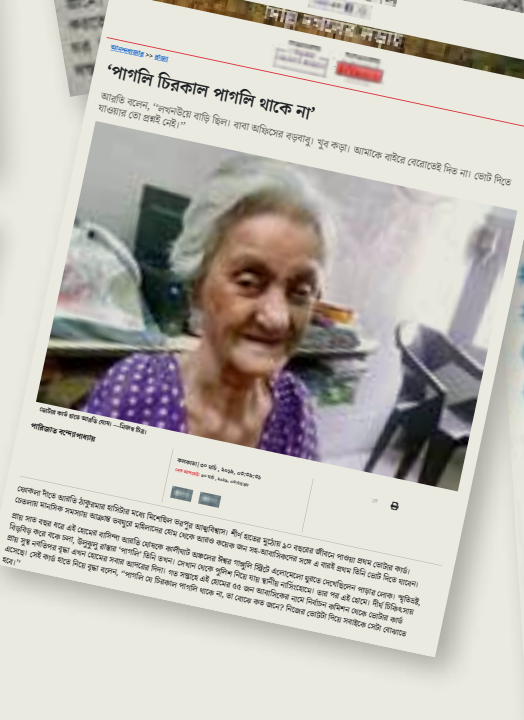
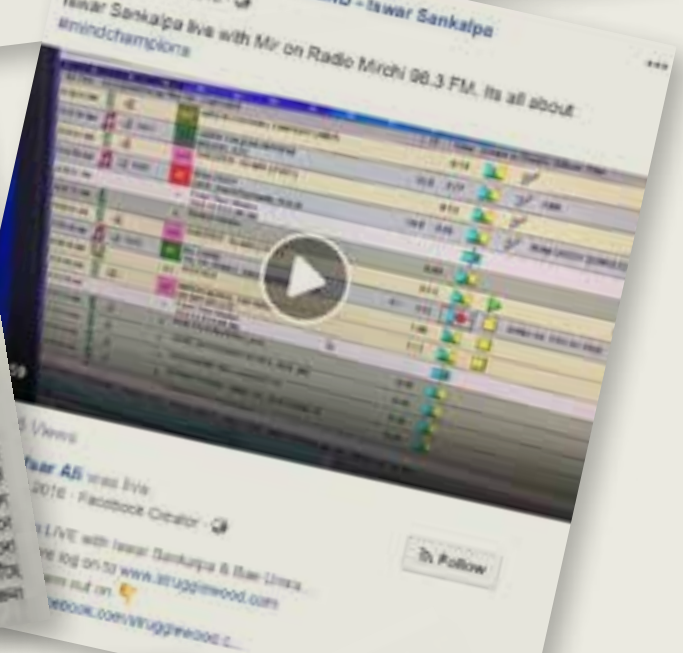


It's service with a smile for Haripriya Koiral as colleague Rinku Das looks on at the Crust & Core cafe in Chetla on Wednesday. Picture by Gautam Bose

Chetla: The warmth of the smile she serves with the iced lemon tea is enough to make someone's day. Looking at 21-year-old Haripriya Koiral, it is hard to imagine that the joy her face conveys could ever be blighted by pain.

Haripriya, star worker at the Crust & Core cafe located in a lane beside Chetla police station, was until a year ago a distraught and distant young woman unable to come to terms with her inner turmoil.

She had been found by a police team on a bench near New Market, not knowing where the next minute would take her. It turned out that Haripriya's uncle had brought her to this new city from their hometown in Maharashtra and abandoned her.



GOVERNANCE, ACCOUNTABILITY AND TRANSPARENCY

Governing Body 2018-19

Name	Age	Gender	Occupation	Position	Amount paid in 18-19 (in INR)	Form of payment
Dr. Prabir Paul	65	Male	Psychiatrist	President	1,98,087	Consultancy
Mr. Rajendra Khandelwal	62	Male	Businessman	Vice-President	Nil	N.A.
Ms. Sarbani Das Roy	53	Female	Director of Iswar Sankalpa	Secretary	8,56,680	Salary
Ms. Rinku Soni	42	Female	Entrepreneur	Asst. Secretary	Nil	N.A.
Dr. Srikumar Mukherjee	60	Male	Psychiatrist	Treasurer	3,94,800	Consultancy
Mr. Surajit Ray	70	Male	Corporate Trainer	Member	Nil	N.A.
Dr. Abir Mukherjee	49	Male	Psychiatrist	Member	1,44,000	Consultancy
Ms. Jayati Saha	50	Female	Lawyer, Photographer	Member	Nil	N.A.
				Total	1593567	

Governing Body Meetings in 2018-19

Date	Attendance
10/06/2018	6/8
23/08/2018	6/8
05/10/2018	*Annual General Meeting
28/12/2018	6/8
26/03/2019	5/8

Information on Distribution of Staff by Gender and Salary

Slab of Gross Monthly Salary (in INR) Plus Benefits Paid to Staff	Male Staff	Female Staff	Total Staff
5001-10000	6	2	8
10001 - 15000	13	22	35
15001-30000	5	15	20
30001-50000	1	2	3
>50000 Total	1	1	2

Type of Personnel	Male	Female
Paid (Consultant)	7	1
Paid (Volunteer)	0	10
Unpaid (Volunteer)		16

Details of National and International Travel by Staff/ Board Members at the expense of the organization in 2018-19

Travel Details	Amount (Rs.)
Total Cost of National Travel by Board Members/ Staff on behalf of the Organisation (Included-Staff Training, Attending Meeting/Conference) - funded by, APPI, Oak Foundation, Paul Hamlyn Foundation)	56,031
Total Cost of International Travel by Board Members/Staff on behalf of the Organisation	Nil

AUDITOR'S REPORT

To
The Members
Iswar Sankalpa
138 S. P. Mukherjee Road, Kolkata 700026

Report on the Financial Statements

We have audited the Consolidated Financial Statements of ISWAR SANKALPA, a Society registered under the Societies Registration Act 1961 which comprise the consolidated Balance sheet as at March 31, 2019, and the Consolidated Income and Expenditure Account and the Consolidated Receipts and Payments Account for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and other explanatory information.

The consolidated financial statements have been compiled and prepared incorporating the independently prepared financial statements audited by us as at 31st March, 2019 of the General Fund, General Fund – FC, Project ASCENT, SAMPOORNA, SHELTER FOR URBAN HOMELESS (MEN) – T.S.M.T., SHELTER FOR URBAN HOMELESS (MEN) – MORUDYAN, SHELTER FOR URBAN HOMELESS FOR WOMEN, AROGYA, NAYADAUR, SAMBANDHAN- TATA TRUST, SAMBANDHAN – TIDES FOUNDATION, AZIM PREMJI PHILANTHROPIC INITIATIVES, VOCATIONAL UNIT, and CORE SUPPORT.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management of the Society is responsible for the preparation of the financial statements and give a true and fair view of the financial position and financial performance in accordance with the Accounting Standards generally accepted in India. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation and compilation of the financial statements that give a true and fair view and free from material misstatement, whether due to fraud or error.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Standard on Auditing will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Emphasis on matters

We have emphasized on the facts that the items of

accounts for the General Fund and individual Projects of the Society carried out by it are recorded as independent set of separate units of Accounts and the consolidated statements of accounts are prepared incorporating them accordingly.

Further the Grants in Aid received for each project are considered as new or added liability in the each project.

Further, where the terms and conditions of the funding agencies so provide, the interest earned and the bank charges deducted are apportioned to the integral part of grants funded and otherwise the rest of interest and bank charges are apportioned to the Income and Expenditure Account as part of revenue items.

Basis for Opinion

We conducted our audit in accordance with Standards on Auditing (SAs). Our responsibilities under those Standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the entity in accordance with the ethical requirements that are relevant to our audit of the financial statements, and we have fulfilled our other responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Opinion

In our opinion, the accompanying consolidated financial statements of the entity are prepared, in all material respects, in accordance with the Laws of the country applicable to the Non-Government Organizations or Institutions and give a true and fair view

1. of the consolidated financial position of the entity as at March 31, 2019,
and
2. of its consolidated financial performance for the year then ended in accordance with the Accounting Standards issued by the Institute of Chartered Accountants of India (ICAI).

For De Subir Kumar & Co
Chartered Accountants
Firm's Registration No. 317010E

CA Subir Kumar De
Proprietor

Place: Kolkata
Date: 16-09-2019

Membership No. 053022
UDIN NO :19053022AAAAAC3621

CONSOLIDATED BALANCE SHEET AS AT 31ST MARCH 2019

LIABILITIES.	Sch	AMOUNT	AMOUNT
GENERAL FUND			
As per last A/c		5615760	
Add: Excess of Income over			
Expenditure		3428941	
Less : Transfer of negative		9044701	
balance in unutilized Grant from			
Ashirvadam		186287	8858414
CORPUS FUND			
As per Last A/C		1252369	
Add Received during these year		540001	1792370
FIXED ASSETS RESERVE	J		10361158
- Annexure - B			
CURRENT LIABILITIES			
Unutilized Grant in Aid	J		17121363
- Annexure - B			
Profession Tax Payable	F		7030
Tax Deducted at source	G		27599
Employees cont. to PF Payable	I		57283
Employers cont. to PF Payable	I		57287
Total.			38282504

ASSETS.	Sch	AMOUNT	AMOUNT
FIXED ASSETS	H		11821778
Advance for Land			
- Advance against Construction(Kashipur)		8274	
- At Netra, Jibontala		200000	208274
Security deposit for CESC			161120
Security deposit for café machine			20000
Tax Deducted at source			17000
CASH AND BANK BALANCES			
Synd.Bank A/C 95032010048521		12060981	
Synd.Bank A/C 95032010054251		29850	
Synd.Bank A/C 95032010058129		4162003	
Synd.Bank A/C 95032010058114		362463	
Synd.Bank A/C 95032010054140		1014008	
SBI A/C 35161193511		6331354	
Bank of Baroda A/c 00360100011525		5000	
Axis Bank A/C 910010048707207		2002066	25967726
Cash in hand			86607
Total.			38282504

This is the Consolidated Balance Sheet signed in terms of our Report of even date.

For De Subir Kumar & Co
Chartered Accountants
FRN 317010E

CA SUBIR KUMAR DE
Proprietor
MRN 053022
UDIN NO.19053022AAAAAC3621
Kolkata,16-09-2019

CONSOLIDATED INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED MARCH 31, 2019

EXPENDITURE	Sch	AMOUNT RS.	AMOUNT RS.	INCOME	Sch	AMOUNT RS.	AMOUNT RS.
To Direct programme cost	A		6626085	By Donation Received			
				- Foreign Donation		157634	
To Programme Related cost	B		1668197	- Spl Donation		7000	
				- Donation General		4170192	4334827
To Programme Support cost	C		565028	By Annual Membership Fee			25000
				By Grant in Aid Utilized			
To Staff Salary & Others	D		16160576	- As per ANNEXURE B	J		23851148
				By Amount Transferred from			
To Overhead Cost	E		790875	Fixed Assets Reserve	J		1012441
				Bank Interest			
To Provident Fund Paid			27458	By Syndicate Bank		82762	
				AXIS Bank		54962	137724
To Bank Charges			15602	By Sale of Vocational Material			280152
				By Beneficiary contribution			49000
To Depreciation	H		1142689	By Sale of café material			615751
				Sale from Crust & core (Café)			
To Excess of Income over Expenditure			3428941	By Sale from Nayagram			55508
				By Received from Ashirvadam trust			63900
			30425451				30425451

This is the Consolidated Income and Expenditure Account signed in terms of our Report of even date.

For De Subir Kumar & Co
Chartered Accountants
FRN 317010E

CA SUBIR KUMAR DE
Proprietor
MRN 053022
UDIN NO.19053022AAAAAC3621
Kolkata,16-09-2019

CONSOLIDATED RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED MARCH 31, 2019

RECEIPTS.	Sch	AMOUNT	AMOUNT	PAYMENTS.	Sch	AMOUNT	AMOUNT
To. Balance B/d				By Direct programme cost	A		6626085
Cash in hand		49623		By Programme Related cost	B		1668197
Synd.Bank A/C 95032010048521		19170894		By Programme Support cost	C		565028
Synd.Bank A/C 95032010054251		14088		By Staff Salary & Others	D		16160576
Synd.Bank A/C 95032010058129		1616457		By Overhead Cost	E		790875
Synd.Bank A/C 95032010058114		1091483		By Bank Charges			21114
Synd.Bank A/C 95032010054140		977696		By P.Tax paid	F		80050
SBI A/C 35161193511		2127045		By T.D.S. paid	G		326888
Bank of Baroda A/c 00360100011525		5000		By Employee's Cont. to PF	I		608042
Axis Bank A/C 910010048707207		1462230	26514516	By Employer's Cont. to PF	I		607934
To. Donation Received				By Esi Paid Social security for staff (ESI)			490557
- Foreign Donation		157634		By Fixed Assets	H		2419978
- Spl Donation		7000		By Tds Deducted at source			17000
- Donation General		4170192	4334827	By Provident fund Paid			27458
To Corpus Donation received			540001	By Closing Balance C/d			
To. Grant in Aid Received				Cash in hand		86607	
- Project Nayadaur (THF)		2182338		Synd.Bank A/C 95032010048521		12060981	
- Core Support - oak		6584266		Synd.Bank A/C 95032010054251		29850	
- Project Vocational (Bengal NRI, Ashirvadam)		163900		Synd.Bank A/C 95032010054251		4162003	
- PVR		850000		Synd.Bank A/C 95032010058129		362463	
- A.P.P.I		7516800		Synd.Bank A/C 95032010058114		1014008	
- HUBEJE		474713		Synd.Bank A/C 95032010054140		6331354	
- Shelter for Urban Homeless (Men & Women)		1031045		SBI A/C 35161193511		5000	
- Project Sampoorna(PHF)		2081653	20884715	Bank of Baroda A/c 00360100011525			
To. Annual Membership Fee			25000	Axis Bank A/C 910010048707207		2002066	26054332
To. Bank Interest				Total.			56464115
Syndicate Bank		935152					
AXIS Bank		54962	990114				
To. Beneficiary Contribution for hygiene			49000				
To. Sale of Vocational Material			277286				
Sale of Vocational Material (Men)			2866				
Sale of Nayagram (kashipur)			55508				
Sale from Crust & core (Café)			615751				
P.Tax received	M		81980				
T.D.S. Deducted or Received	N		354487				
Employee Contribution to PF	O		623806				
Employer's Contribution to PF	O		623702				
Social security for staff (ESI)			490557				
Total.			56464115				

This is the Receipts & Payments A/c signed in terms of our Report of even date.

For De Subir Kumar & Co
Chartered Accountants
FRN 317010E

CA SUBIR KUMAR DE
Proprietor
MRN 053022
UDIN NO.19053022AAAAAC3621
Kolkata,16-09-2019

We wouldn't exist without you!
A heartfelt thanks to our partners, donors, friends and well wishers.

OUR PARTNERS

Ashirvadam Trust

Azim Premji Philanthropic Initiatives

Oak Foundation

Paul Hamlyn Foundation

Hubeje VZW

Social Welfare Department, Government of West Bengal

Tractors India Ltd.

The Hope Foundation Ltd

Tides Foundation

PVR Nest

ORGANISATIONS WHO SUPPORTED US

Abha Mission for Social Health and Education

Acceltree Software Pvt. Ltd.

Alapi

Altens Biogenics Private Ltd.

Ammucare Charitable Trust

Amra Shobai Club, Chetla Park

Anubhuti, Hatkhola

Bhowanipore Bhajan Mandali

Care & Counselling Centre

Chandana's Production

Chandrima's Creation

Cotton Casuals (India) Pvt. Ltd.

Deshbandhu College For Girls

Dhanwantary Seva Foundation

Dishari Cultural Foundation

Flame Tao Knoware Pvt. Ltd.

Go Seva Narayan Seva

Hemchand Maganlal Shah Charitable Trust

IDZ Digital Pvt. Ltd.

Indian Association of Private Psychiatry
(West Bengal State Branch)

Inner Wheel Club of Calcutta (Central)

Inner Wheel Club of Calcutta East Land

Inner Wheel Club of Calcutta Eastland

Inner Wheel Club of Calcutta Megacity (District -329)

Inner Wheel Club Old City

Innerwheel Club of Central Kolkata

Institute of Psychological and Educational Research

Institute of Social Work

Jagat Suthar Gurudwara

Jay Bajrangbali Mandali

K. G. Bose Sarani Yubak Brindra Club

Kalighat Morning Club

Kaya Limited

Kolkata Gives Foundation

Lion's Club of Kolkata Aakansha

Magnatron International

Majlishi Club

Minakshree Boutique

Mom's Care

Nepal Sweets

Om Namah Shivay Mandali

Patel Bhajan Mandal

Prabha Madanlal Goyenka Foundation

Priyadarshini Kolkata

Protishruti Foundation

Radha Krishna Seva Trust

Ramswaroop Bimla Kumari Dhoot Trust

Ranjit Foundation

Rita's Creation

Rotary Club Central Kolkata

Rotary Club of Calcutta Sunshine

Roundtable & Ladies Club India, Dental Lounge

Samarpan Group Kolkata

Seaways Shipping & Logistics Ltd.

Smt. Prabhalaxmi Zevarchand Mehta Charitable Trust

Society for United Way of Kolkata

Sri Guru Singh Sabha Gurudwara, Kalighat

Suraj Bhagolani Memorial

SVF Entertainment Pvt. Ltd.

22 Pally Club, Kolkata

INDIVIDUALS WHO SUPPORTED US

Akash
Ambujam Venkataraman
Amit
Amit Delui
Amit Halder
Amit Shah
Amitabh Bachchan
Amitava Chowdhury
Amrita Pradhan
Amrita Roy
Anand Shah
Ananthapadmanabhan
Guruswamy
Anirban Roy
Aniruddha Magar
Ankita Acharya
Anurag Dokania and Manoj
Dokania
Anyaneya Gupta
Arijit Biswas
Arin Mukherjee
Arkendu Bhattacharya
Arvind Kumar Vyas
Ashim Kumar Bose
Ashok Nawal Gariya
Asit Kumar Sen
Ayan Kar
Bablee Singh
Bandana Das
Bani Dutta
Banibrata Basu
Barnali Bhattacharjee
Barsha K.
Bidisha Barman
Binod Kumar
Biswajit Adhikary
Bobby Shree
Brij Kumar Bhatia
Brijnesh Kumar
C. L. Choudhury
Chaitali Das
Chaiti Devi
Chirag Bhimani
Chitrangana Debnath
Deb Kumar Das
Debarati Banerjee
Debashis Dutta
Debjiwon Mukherjee
Debkumar Das
Debolina Dutta
Debu Mondal
Deepa Saini
Dhirendra Nath Chatterjee
Dibakar Das

Dibyashree Sengupta
Dipa Mallick
Dr. Abhiruchi Chatterjee
Dr. Hitesh Sanghvi
Dr. Prabir Paul
Dr. R. Ram
Dr. S. K. Mukerjee
Girish Manasta
Gita Manasta
Gopa Biswas
Gora Chand Ghosh
Goutam Ganguly
Gunjan Chandak Khemka
Gurvinder Farwaha
Harpreet Kaur
Harsit Gutgutia
Hirak Rajjak
Hrishant Agarwal
Induja Mehra
Jogendra Patel
K. R. Chadha
K. L. Madhogaria
K. P. Thakur
K. Viswanathan
Kamal Soni
Kamlesh Mehta
Kiran Jha
Kiran Keyal
Krishna Arpan
Krishna Shaw
Krishnaveni Alluri
Kulwant Singh
Kunal Kasat
Kusum Jowal
Kusum Sharma
Lila Gouri Churiya
Lourdes Coutinho
Lt Col Bejon N Mehta
Madhabi Nalwal Giri
Madhu Chandak
Madhukar Aggarwal
Madhuri Nawalgaria
Mandira Chowdhury
Manish Gandhvi
Manju Jain
Manju Poddar
Maya Chakrabarty
Md Alam
Md. Fidul Haque
Meghdeep Ray
Melissa Castelino
Mimi Chakrabarty
Minakshi Sarkar
Mohinder Kaur

Mondreeta Sengupta
Monika Dutta
Moushumi Choudhary
Mr. Manjit Singh Walia
Mrs. Amrita Baid
Mrs. Karuna Gadhia
N. K. Jain
Namita Mondal
Nandini Mukherjee
Nandita Bhattacharya
Neha Mitro
Nina Das
Nirmal Kumar Jain
Nisha
Nishkriti Biswas
Nitika Agarwal
O. P. Jhawar
Om Prakash Agrawal
Om Prakash Singh
Parshant Sharma
Patel Bhajan Mandal
Pinku Mitra
Piyali Roy
Pradeep Singh
Pradyut Kumar Das
Prasenjit Chakraborty
Prerna Dixit
Prithvi Kapadia
Pritpal Singh
R. P. Barasia
Rabi Shankar Gupta
Rajendra Kumar Nishania
Rajendra N Patel
Rajeshree Das
Rama Pal
Ranjana Poddar
Rashika Anthony
Rashmi Agarwal
Ratan Kumar Bhattacharya
Ravi Singh
Reena Sensarma
Rina Rajjak
Rinku Gupta
Rinku Mitra
Rinku Sarkar
Rinku Soni
Rishabh Poddar
Ritu Poddar
Rohini Ferns
Rubi Singh
Rupam Ohri
S. Naranan
S.G. Mohta
Sachin Kumar Verma

Sagar Gupta
Sahana Dutta
Samsul Haque
Sanhita Mondal
Sanhita Sen
Sanjay Gareiwala
Sanjay Sarkar & Kuheli Roy
Sarkar
Sanjeev Poddar
Sanjib Kumar Roy
Sanjiv Tulsian
Sanjoy Kumar Dey
Santu Santra
Sarvani Das Roy
Sarita Agarwal
Satyajit Das
Saumya Baid
Shalini Deb
Shankar Mouli
Shraboni Paul
Shruti Poddar
Shukuntala Kanui
Snehal
Sohag Joarder
Soma Das
Soma Pal
Somnath Banerjee
Sreeja Deb
Subhashri Sanyal
Subhodh Bose
Subholina Chakraborty
Subhra Bhattacharya
Subir Roy
Sudipta Barman
Sujit Podder
Sukla Basu
Sukuntala Kanoi
Sulekha Halder
Sumana Pathak
Sumitra Gupta
Sumona Roy
Supriya Guha
Sushila Nangalia
Swapan Halder
Sweta Agarwal
Uma Bajaj
Umesh Kumar Sharma
Usha Pais
Vandana Mohata
Venkakesh Hariha
Vijay Pal Makkar
Vikas Madhogaria
Vimal Arvind Kapasi

WELL WISHERS

Janab Firhad Hakim, Hon'ble Mayor of Kolkata, Minister for Urban Development and Municipal Affairs, West Bengal, Councillor (ward-82)

Shri Atin Ghosh, Councilor (Ward 11), Deputy Mayor

Dr. Shashi Panja, Minister Of State For Women And Child Development And Social Welfare, Government Of West Bengal

Janab Yasser Haider, State Secretary, Yuva Trinamool Congress

Shri Debabrata Chattaraj (IAS), State Commissioner for Persons with Disabilities

Mr. Biswanath Chakraborty, WBCS (Exe), Controller Of Vagrancy, West Bengal

Shri Dipankar Hazra, Social Welfare & Urban Poverty Alleviation Dept., Manager Br- IX

Mr. Kaushik Kumar Maiti, Block Development Officer, Bhangor Block - II

Md. Abdul Bassar, IPS Officer, Home Ministry, Bangladesh

Mr. Kalicharan Banerjee, Dy. Manager at The Kolkata Municipal Corporation

Dr. Tapan Kr. Mukherjee, Honorary Advisor Health, KMC

Dr. Bibhakar Bhattacharya, Nodal Officer (Health), DO (F.S.S.A.I), KMC

Dr. Monirul Islam Mollah, Chief Municipal Health Officer, KMC

Dr. Soumitra Ghosh, Deputy Chief Municipal Health Officer, KMC

Shri Bapi Ghosh, Ward 7 Councillor

Shri Partha Mitra, Ward 8 Councillor

Smt. Mitali Saha, Ward 9 Councillor

Smt. Karuna Sengupta, Ward 10 Councillor

Smt. Pranati Bhattacharjee, Ward 12 Councillor

Shri Anindya Kishor Routh, Ward 13 Councillor

Shri Amal Chakraborty, Ward 14 Councillor

Smt. Shukla Bhore, Ward 15 Councillor

Shri Sadhan Saha, Ward 16 Councillor

Shri Mohan Kumar Gupta, Ward 17 Councillor

Shri Sunanda Sarkar, Ward 18 Councillor

Shri Vijay Upadhyay, Ward 20 Councillor

Smt. Smita Bakshi, Ward 25 Councillor

Sri Tarak Nath Chattapadhyay, Ward 26 Councilor

Smt. Minakshi Gupta, Ward 27 Councilor

Janab Ekbal Ahmed, Ward 28 Councilor -

Smt. Sanchita Mondal, Ward 51 Councilor

Janab Amiruddin Bobby, Ward 54 Councilor - MMIC

Arun Kumar Das, Ward 55 Councilor

Smt. Jaly Bose, Ward 59 Councilor

Janab Manzar Iqbal, Ward 61 Councilor

Ms. Sana Ahmed, Ward 62 Councilor

Mr. Asim Kumer Basu, Ward 70 Councilor

Ms. Debalina Biswas, Ward 74 Councilor

Ms. Bilqis Begum, Ward 76 Councilor

Md. Nizamuddin Shams, Ward 78 Councilor

Dr. Pranab Biswas, Ward 82 Councilor

Dr. Basudeb Mukherjee - Executive H.O., Borough II

Dr. P.K. Roy Chowdhury, Executive H.O., Borough IV

Dr. Utpal Kanji, Executive H.O., Borough VI

Dr. Snehanshu Chowdhury, Executive H.O., Borough IX

Dr. Subha Sen, Medical Officer, Ward 11

Dr. Nilanjana Patra, Medical Officer, Ward 11

Dr. Debojyoti Sinha, Medical Officer, Ward 54

Dr. Manjari Debnath, Medical Officer, Ward 82

Narkeldanga Health Unit, Ward 29, Kolkata

Mr. Boral, Sr. Engineer, KMC, Borough - 9

Mr. Surojit Marik, Engineer, KMC, Borough - 9

Mr. Tapan Kar, Asst. Engineer, KMC, Borough - 9

Mr. Indranil Bhattacharya, Block Asst Manager, KMC, Borough 9

Mr. Saibal Chowdhury, Asst. Engineer, Borough VIII

Mr. Shubhankar Bhowmik, Electoral Registration Officer, Bhawanipur SC

Dr. O.P. Singh, H.O.D. Dept. Of Psychiatry, NRS Hospital

Dr. Payel Talukdar, Senior Psychiatrist, NRS Medical College & Hospital

Mr. Richik Biswas, Branch Manager, State Bank Of India, Chetla

Mr. Biltu Roy, Bank Manager, United Bank of India, Chetla Branch

Md. Hussain, Honorable Stakeholder, Ward 54

Md. Zaffar, Ward 54

Ms. Saiyad Sana, Ward 54

Dr. S. Jana - Chief Advisor. Durbar, Sonagachi Research & Training Institute

Mr. Nitai Das Mukherjee, HIVE India

Mr. Somnath Kundu, Manager, Andul Vagrancy home

Mohd. Tarique, Director, Koshish, Mumbai

Mr. Binoy Krishna Mallick, Executive Director, Rights Jessore, Bangladesh

Mr. Biswajit Mitra, Head Master of Kailash Vidyamandir School

Mr. Santhosh Kumar Das, Advocate, Warden of Kailash Vidyamandir school

Ms. Pampa Patra, Emmanuel Ministries Calcutta

Mr. Palash Ganguly, Headmaster, Kishor Bharati, Kashipur

Ms. Priya Singhi, Hastings

Ms. Rupa Banerjee, Ward 7

Mr. Swapan Kumar Ghosh, Kalighat Morning Club

Ms. Shreya Sen, Urvija Salon, Salt Lake

All India Institute of Hygiene and Public Health, Ward 82

Food & Supplies Dept., Government of West Bengal

Nil Ratan Sircar Medical College and Hospital, Kolkata

Shambhunath Pandit Hospital, Kolkata

Institute of Psychiatry, Kolkata

The Banyan, Mental Health Organisation, Chennai

The Agri Horticultural Society of India, Alipore

Blue Youngster Club, Joramandir, Belegkata

Balak Sangha Club, Park Circus

Amra Shobai Club, Chetla

Alipore Sarbajanin Club, Alipore

Sahid Smriti Sangha, Chetla

Chetla Ashar Club, Chetla

Neemtala Kishore Bahini

Janmabhumi Old Age Home, Dakhin Barasat

EXHIBITIONS

Capgemini
Ek Packet Umeed
Jadavpur University
M Junction
Bhand Express
Firangi Desi
Paul Hamlyn Foundation (Financial Management Training)

Steppin Out, Kolkata
BOGSCON (The Bengal Obstetric Gynaecological Society)
Jogeshchandra Chaudhari College
Disability commision Of West Bengal (Rojgar Mela)
SRFTI (Satyajit Ray Film & Television Institute)

ANCIPS (Annual National Conference Of Indian Psychiatric Society)
APEEJAY HOUSE
ATOS
Bethune College
Stone Paper Scissors
Queen of Peace Church
Loreto House

VOLUNTARY CAREGIVERS FROM THE COMMUNITY

Sekh Halder, Sealdah
Sambhu Saha, Sealdah
Bhanu Halder, Sealdah
Sunil Prasad, Sealdah
Shankar Saha, Sealdah
Renu Naskar, Sealdah
Saidul Kazi, Sealdah
Kali Chand Dutta, Sealdah
Subal Chandra Das, Sealdah
Hari Pado, Sealdah
Bijay Halder, Sealdah
Pukai, Sealdah
Zaffar Imam, Beniapurkur
Md Taquir, Beniapurkur
A.Ali, Beniapurkur
Md Kausar, Beniapurkur
Shalauddin Ali, Beniapurkur
Parvez, Beniapurkur
Sk. Aktar, Beniapurkur
Noor Hassan, Beniapurkur
Sk. Samir, Beniapurkur
Hameed Saud Alam, Beniapurkur
Bahar Ali, Beniapurkur
Swapan Mondal, Beniapurkur
Lal Mohammad, Beniapurkur
Abdul Ajiz, Beniapurkur
Majahid, Beniapurkur
Gautam, Beniapurkur
Faruk, Beniapurkur

K Devi, Beniapurkur
Islam Sekh, Beniapurkur
Bhola, Beniapurkur
Golden Ansari, Beniapurkur
Md Akil, Rajabazar
Sk. Sukur Ali, Rajabazar
Sk. Nayeem, Rajabazar
Balok, Rajabazar
Inteqab, Rajabazar
Md. Irshad, Rajabazar
Gita Das, Rajabazar
Md. Razi Ahamed, Rajabazar
Md. Ali, Rajabazar
Md. Raja, Rajabazar
Ranjit Biswas, Rajabazar
Shibu Sil, Rajabazar
Md. Israil, Majherhat
Bablu, Majherhat
Sarbari Begum, Majherhat
Saiyed, Majherhat
Noor, Majherhat
Md. Ali, Majherhat
Dr Mamud Alam, Majherhat
Md Samim, Majherhat
Jainal Abedin, Majherhat
Md Chinna, Majherhat
Abu Taleb, Majherhat
Bolada, Majherhat
Akil, Majherhat
Abir, Majherhat
Chote, Majherhat
Sk. Kallu, Majherhat

Sajjad, Majherhat
Ganesh Hayit, Majherhat
Dina Roy, Majherhat
Md. Imtiaz, Majherhat
Raju Hayit, Majherhat
Md. Osman, Majherhat
Md. Farukh, Majherhat
Pratap Biswas, Majherhat
Ramesh Roy, Majherhat
Gulam, Majherhat
Michael, Majherhat
Md Chinna, Majherhat
Abdul Sakil, Hastings
Saida Bibi, Hastings
Raju, Hastings
Dhruba Seth, Hastings
Jahanara Begum, Hastings
Kartik, Hastings
Suraj Yadav, Hastings
Ranjan Roy, Hastings
Sk. Latif, Hastings
B. Ghosh, Chetla
Kasinath Ghosh, Kalighat
Sanjay Roy, Kalighat
Ranjit Chakraborty, Badamtala
Swapan Kr Modal, Kalighat
Bijay Shau, Badamtala
Gautam Das, Badamtala
Barun Bhattacharya, Badamtala
Gouri Bag, Chetla
Tepi Das, Charu Market

Biswanath Maity, Chetla
S Chowrasia, S.P.Mukherjee Road
Binod Sankar, Near Tollygunge P.S.
Chandan Halder, Near Tollygunge P.S.
Dulal Sikari, Chetla
Kalyani Halder, Chetla
Sanjay Das, Dhakuria
Biswanath Saha, Chetla Central Road
Arindam Saha, Tollygunge Road
Babban Ali, Selimpur
Nilambar Thakur, Anwar Shah
Choton Ghosh, Mudiali
Tandra Ghosh, Mudiali
G Karmakar, Rabindro Sarovar
Arun Das, Rabindro Sarovar
Nimai Pal, Dhakuria
Gita Biswas, Chetla
Nilu Das, Kalighat
Kaushalya Devi, Palm Avenue
S Gupta, Palm Avenue
Malobika Halder, Palm Avenue
Narayan Halder, Chetla
Shiv Shambhu, Gariahat
Sona Mukherjee, Dhakuria Station
Md. Wasim, Mudiali

HOW YOU CAN HELP

Donation options	Details
Support Medicines for a Client ₹1200	Covers medicines for one client for 3 months
Meals for Men's Shelter Clients ₹10,000	Covers breakfast and dinner for one week for 30 residents
Meals for Women's Shelter Clients ₹30,000	Covers breakfast and dinner for one week for 90 residents
Special Occasion Lunch (Non vegetarian) ₹26,000	Special lunch freshly cooked and served in our shelters for 130 clients (men and women's shelter) in celebration or in memory of an occasion
Festival Clothes ₹39,000	Covers new clothes for 130 clients
Supporting a Client towards Independent Living in the Community ₹9,000	Supports living expenses for 3 months of one client working on farmlands in Uttar Kashipur, West Bengal
Corpus Fund ₹50,000	Provides financial stability to the organisation and aids in sustaining the programmes

No Strings Attached

Any amount of your choice can be donated through online transfers, cash or cheque, for the cause of supporting homeless persons with psychosocial disability, in line with legal compliances.

You can also contribute through donations in kind

Contact:

nayanika@isankalpa.org or +91 88269 01112
for more details

Volunteer & Internship Programmes

Isvar Sankalpa provides a vast range of internships and volunteering opportunities in different ongoing programmes. We invite you to lend your skills and expertise to our cause.

To find out more, drop a mail at info@isankalpa.org

Society Registration No. S/1L/42976
Date of Registration : 06.03.2007
IT, Section 12A Registration : DIT(E)/S-27 8E/436/08-09
IT, 80G, Registration : DIT (E)/2997/8E/436/08-09
FCRA Registration : 147120892
PAN : AAAAI1966N

All Donations are exempted from tax under 80G

I S W A R



A TRISYS PRODUCT • info@trisyscom.com

Sankalpa I S W A R

Administrative Office: 138, S.P Mukherjee Road, Kolkata- 700 026

Phone 033-2449 1152 /2419 7451

Email- isankalpa@gmail.com; Website - www.isankalpa.org



SUPPORT FOR THE MIND – Iswar Sankalpa



@IswarSankalpa



@cafecrstandcore