



**ANNUAL REPORT  
2016-2017**

**Sankalpa** ISWAR  
SUPPORT FOR THE MIND





# Mission

*"Iswar Sankalpa's mission is to ensure the dignity and holistic well being of persons with psychosocial disabilities, particularly to those from underprivileged parts of society, in a humane manner, and in addition empower them in attaining their rights."*



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# Introduction

Iswar Sankalpa is a not for profit organization founded in 2007 by mental health professionals; providing professional guidance and related support services to persons suffering from different mental health problems in the city of Kolkata, in particular those from a lower socio-economic background. Our work began with one specific population – the homeless persons with psychosocial disabilities. The Bengali word '*Sankalpa*' means 'Resolution'; and the organization resolves to make the following differences:

- A difference in the way people with mental illness are perceived
- A difference in the way mental illness is treated
- A difference in the lives of those who suffer from mental illness

Today, Iswar Sankalpa has approached and

intervened with over 2422 persons with mental health conditions in the slums and 3239 homeless persons with mental illness on the streets of Kolkata. Every person that is brought under the fold of care is a unique individual with a powerful story to tell. The affliction of mental health condition is an outcome of many internal and external battles - Many bring with them a history of neglect, abuse and isolation. Some have watched as their world crumbled to pieces before their eyes. Others are struggling through the grips of addiction.

Sometimes all a person needs is a hot meal to get them through the day. Others might need a safe space for a few hours away from the hazardous living on the streets. Many require more extensive services – counselling, medical care, help with finding income supports and above all finding acceptance in the community. Whatever our clients need - we help them

# Message From The Secretary

Greetings from Iswar Sankalpa!

Since its inception in 2007, Iswar Sankalpa has striven towards making essential health and mental health care for persons subjected to poverty and homelessness, accessible. This has been done by addressing the multifaceted issues at the intersection of homelessness, poverty and mental ill-health. Our vision is to build an inclusive and humane society and world that promotes capabilities, equity and justice. In the last ten years, the work towards this vision had led to the development of a range of comprehensive services- in both institutional and community based settings for those in a state of poverty or homelessness with mental health issues. To this day, Iswar Sankalpa has provided care to over 3,000 homeless individuals requiring emergency mental health services.

In our journey to secure a dignified and purposeful life for some of the most marginalised in our society, we have been accompanied by exceptionally passionate and generous supporters - donors, partners, volunteers, well-wishers and advisors - who have invested in the cause and inspired others to do the same. We want to thank you for your resolute support, we couldn't do it without you.

2016-2017 was an exciting year for us. The New Mental Health Act was ratified, making our work all the more relevant. Iswar Sankalpa has envisioned an assisted community living programme in Kashipur. We have brought a plot of land and have taken a space on rent for our women to start living independently with minimum help from caregivers. This is a huge step forward in gaining participatory rights for homeless individuals with mental illness. Client



reintegration is our focus with skills development and employment opportunities as the avenues being more intensively explored. The other programme which emerged out of clients' resettlement is the formation of our training unit "Crust & Core", a food club where our clients will be trained to work in the food and beverages industry. It will be run by the clients and will also act as a significant income generation avenue for them. As always we continue to track the outcomes and impact of all of our programmes and hope to consolidate these results in a concise manner to share them with the relevant stakeholders and individuals.

We are happy to present our Annual Report for 2016-2017 which offers a glimpse of the exciting year gone by. I look forward to your feedback and continued engagement with Iswar Sankalpa.

*Sarban Dasgupta*

# The Context

**1.8+**

**Million homeless people  
in India**

**(Census of India 2011)**

**>60%**

**Treatment Gap for Mental  
Disorders**

**(National Mental Health Survey  
2015-2016)**

**20-25%**

**of homeless population  
suffers  
from severe mental illness**

**(National Training and Resource  
Centre of Homelessness and  
Mental Illness, 2003)**

The census of India in 2011 reports that there are 1.77 million homeless persons across India - defined as 'houseless population', i.e. those who don't live in 'structures with a roof'. The urban homeless population is estimated to be 9.38 lakhs. However, the National Advisory Council (NAC) reports that these figures are likely to be underestimated given that this is a highly invisible population – both for the society and the government. Due to the lack of any government issued identifying markers, this invisibility becomes further compounded leading to utter neglect. Various factors lead to and contribute to this continuing homelessness – structural factors like unaffordable housing, inadequate income supports and individual factors which increase vulnerability – one of them being mental illness which works in conjunction with other non-conductive elements which renders a person homeless. Being a homeless person means being open to discrimination, and marginalization, in addition to having no access to any government services, i.e. being bereft of a life with dignity.

In such a situation, the opportunity to provide support to the homeless persons with mental illness is plentiful. The interventions will need to focus on the holistic health and well-being of the persons by addressing the mind and the body as a whole, to dispel the darkness engulfing their lives at present, and to allow them to dream of a better future.

On the road to recovery, there are many challenges at every step of the journey - starting from the family, the society, the government bodies and the institutes – the need is to continuously negotiate and create spaces of love and empathy for these persons in the mainstream society in the hope of creating an empowered, enriched and inclusive living.

# Iswar Sankalpa's Response

## Urban Mental Health Program

Integrating mental health in Kolkata Municipal Corporation primary health care centres and training government health staff in mental health care.

## Outreach Naya Daur

A community based outreach program providing medical and psychosocial interventions to homeless persons with psychosocial disabilities

## Drop-In-Centre

Day care centres for providing interventions to homeless persons with psychosocial disabilities

## Marudyan and Sarbari

Shelters for the homeless men and women living in urban areas with psychosocial disabilities.

## Arogya

Emergency response unit working with Kolkata Police to provide help, treatment and auxiliary services to street-based cases involving persons with psychosocial disabilities

## Reintegration

1. Restoring clients back to their homes
2. Vocational training and skill building
3. Sustainable employment

## Naya Gram

An assisted living programme for persons with psychosocial disabilities in a sustainable community in Kashipur, in the outskirts of Kolkata







# Naya Daur : Outreach

## A community based care and support programme

Based on the findings of the baseline survey conducted in 2007, Iswar Sankalpa initiated its flagship programme Naya Daur - community based mental health care for homeless persons with psychosocial disabilities, concentrating its activities mainly in the wards with the highest density of said population.

The Naya Daur team comprises psychiatrists, social workers, psychologists and activists who work with the community, hospitals, homes and shelters to bring acutely needed medical treatment to those homeless people suffering from psychological disorders. Key activities include assessment for those with mental illness on the streets, treatment and rehabilitation (both on streets and in

institutions), and restoration and reintegration of the recovering cases into the family, and communities.

What is unique in this model, both from the point of view of homelessness and from the mental health perspective is the attempt by the organisation to engage as many clients as possible on the street itself, supported by an ecosystem of caregivers drawn from the neighbourhood community. While acute cases of mental and physical illnesses are treated in hospitals, quite a few clients do not need hospitalisation - all they need is regular medication and basic care from the caregivers to guide them through their various activities in the day. In such cases, Iswar Sankalpa



mobilises people in the neighbourhood to act as caregivers - to regularly give their medicines, take them for a haircut and grooming and ensure that they are protected from abuse and other crimes as far as possible. Naya Daur's community based model also mobilises state

agencies, by involving local level administrators like Councilors in taking responsibility for a section of people, whose absence is conspicuous in policy and planning, not just state levels, but at national levels as well.

## Stories of Strength

### Sanjay

**Sanjay Das** is not our client - He is a caregiver in Dhakuria, identified to cater to three clients in that area; Bapi, Madhusudan, and Sambhu. People like Sanjay is the reason behind our successful reach to various human beings on the streets.

Sanjay runs a tea stall under the bridge in Dhakuria. He is extremely caring and resourceful, and has never hesitated to help. Many a times when one of the clients fell sick, he would instantly take necessary action before informing the organisation. Once Bapi started recovering, we brought him a Cycle Rickshaw as a means of livelihood. Sanjay looks after its maintenance as a way of supporting Bapi. Once Sambhu started doing a little better, he instantly employed him in his tea shop. When Madhusudan got his leg infected, he got his treatment done and also arranged for his prosthetics. He also arranges food for the clients. When we arrange for medical camps in the area, he organizes everything seamlessly so that our work is not hindered. This speaks about his never ending zeal to help people in the community.

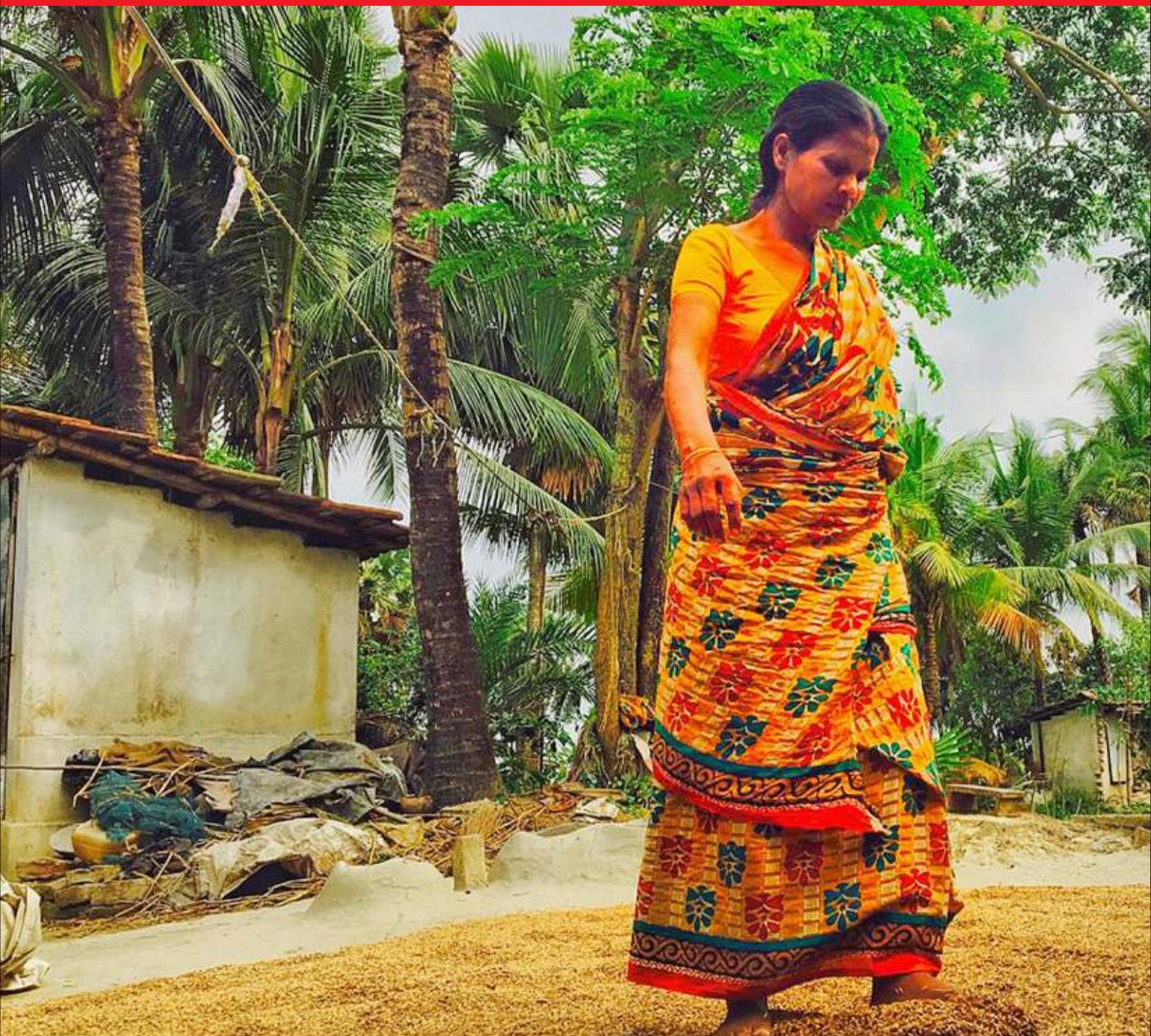
Even though Sanjay works very hard to make both ends meet, he still remembers all the little things that are needed to be done for the clients. Stories like these speaks about hope and resilience. He quietly paints a picture of support, love and helps reinstate faith in humanity!

### Ganesh

Identified on 4th December 2016 at a medical camp, **Ganesh Basak** was in a disheveled state and was clad in 17 shirts, 5 pants, 3 caps and a "*burkha*" (veil). At the camp, he didn't utter a single word, but was cooperative and was willing to come to the Men's Shelter for a while, where he responded well to our intervention. After a brief stay, he returned to his previous community and was followed up by the Outreach social worker. He was successful in building a relationship with him and came to know that his name is Ganesh Basak. His family was also traced to a nearby area. Eventually, the team found out that he had been suffering from mental illness for a long time and there was a family history with his mother too having similar problems. As he started recovering, he started asking for an identity proof - "*Dada amake akta voter card ba aadhaar card-er babostha kore dao na*" (Brother! Please arrange a voter card or Aadhaar card for me).

Ganesh now works at a poultry shop. His Aadhaar card biometry is completed and he shall soon receive his Aadhaar card. There exists one hurdle- the problem of substance use but given the trajectory of improvement, there is hope that with continued treatment, engagement and community support, he shall overcome this challenge too!





## Project Activities

150

Clients catered to

12

Clients restored  
back home

10

Clients in supported  
employment



Total kind donation received  
**759,120INR**

**46**  
New clients enrolled

**45**  
New caregivers enrolled

**24**  
Clients went through disability assessment

**21**  
Community awareness meetings arranged

**01**  
Client opened bank account

**11**  
Clients received money under Gratuity Relief scheme



# Sarbari

## Shelter for Urban Homeless Women with Psychosocial Disability

Sarbari was started in 2010 as a 24 hours shelter for urban homeless women with psychosocial disabilities in collaboration with the Kolkata Municipal Corporation after taking cognizance of the vulnerability of the women on the streets at the risk of physical and sexual abuse.

The programme's overall goal is to provide a safe, secure living environment for the homeless women with psychosocial disabilities where they can access basic facilities like food and clothes, and hygiene care along with mental health care. By creating a space where the women can relearn lost skills, regain their hope, and strengthen their souls, the programme aims for their emergence as the resilient, strong women they are – to take their rightful place in mainstream society. The

programme aims to focus on client focused rehabilitation measures, with importance given to imparting functional literacy to the clients. The world views these individuals as a burden – and enhancing their skill sets is an important focus of the programme, in order that they are able to support themselves to an extent and hence helping to break the barriers around the productivity of those with mental illness.

The team continuously engages with the local community around the shelter, the Police, traced families of clients, government bodies and institutes, and medical establishments. The programme aims to create a holistic support system in the shelter around these individuals which will aid in their leading lives with dignity.

111

Clients catered to

14

Clients in  
supportive employment

13

Clients opened  
bank account

09

Clients received  
ration card

43

New clients enrolled

24

Clients restored back home

26

Clients received  
Aadhaar card

41

Clients went through disability  
assessment

## Story of Strength

**Bela** was identified by social workers from IS in Rajabazar near Hafiza hotel in 2013 - ill clad, dirty, lost and feeling threatened. Initially she did not want to talk to the social worker, and agreed to take medicines through a caregiver nearby. However, as her condition deteriorated, she was brought to Sarbari in 2015.

With time, she settled in and started to develop an interest in certain activities. She loved to fill water and offer it to people. She was enthusiastic during energizer sessions and participated in the functional literacy classes, learning to sign her name. Throughout this time, she recollected memories from her hometown and mentioned names which led the team to believe that she is from Purulia. However, the team was unsuccessful in their attempt to find her house alone and hence decided to take her along on the next trip to locate the family. Coincidentally, the counsellor recalled that similar landmarks were present in Bokaro and suggested a trip there. Excited and nervous, the team set off for Bokaro and were able to trace their way to Chaas with landmarks. Eventually they bumped into a couple of people who recognized Bela and took them to her husband's house. There the team found out that her husband had died and her in-laws family did not want to look after her. From there they headed towards her maternal home. Bela's brother was completely overwhelmed on meeting her - he had actually made peace with the idea that Bela was resting in her heavenly abode. The two hugged each other with tears streaming down their gleaming faces.

Bela's story was soon revealed — married to an abusive husband and having a 6 month old baby diagnosed with chicken pox. Due to her mental health state, she bathed the child constantly in water, leading to the child's death. Following this, the husband remarried and she went back to her parent's home. 13 years ago she wandered off, and the family believed that they had lost her. Bela had been on a long journey to find her way back home!

Total kind donation  
received

**758,948INR**



# Marudyan:

## Shelter for Urban Homeless Men with Psychosocial Disability

Started in April 2015, Marudyan serves as a 24 hours open shelter for men. The shelter was started with a growing understanding that men on the streets are also vulnerable to myriad forms of abuse, exploitation and alienation, and in the absence of a supportive community, providing interventions on the street becomes difficult. Hence, a safe space was needed for the men to provide them with a choice in their care, along with more intensive, systematic interventions.

In the shelter, a typical day kick starts on a healthy note with an 'energiser session'- dance on peppy music, a walk in the adjacent Northern Park followed by some warm up or light exercises. All are provided with a clean pair of clothes, and a peaceful night's sleep along with individualised pharmacological and non-

pharmacological support. This entire process is aimed at expediting the development of a positive sense of self.

New activities started in this period include functional literacy classes, outdoor games, morning walks, green therapy, cooking and vocational training – all aimed at providing holistic care towards clients' recovery.

### Story of Strength

We met **Suraj** at a medical camp that we had organised in August 2016. He was found in an unkempt state with long hair, poor hygienic condition, glaring at everything with a blank look in his eyes. He was quite withdrawn and non-communicative. It was



challenging to help him get clean. On being brought to Marudyan, he continued to express his unwillingness to engage in any work, sitting in a corner without uttering a word. He had to be coaxed for simple daily activities such as eating food on time.

But the patience and persistence paid off. With time, he started engaging in group activities such as paper packet making which led to an improvement in his social skills. He started being introduced to other activities too – and the day he sat at the sewing machine, we found out that he could operate it really well! He then told us that he used to occasionally stitch back home.

Unfortunately, the memories of his family remain hazy. Apart from sharing that he is from Allahabad, he is unable to share any details which would assist in tracing his home due to gross memory impairment.

In December 2016, he started attending work at the vocational unit in Sarbari (shelter for homeless women with psychosocial disability), sewing his way through his broken self-esteem. He now steps out of the shelter for purposeful work, having carved an identity of his own. Though he still prefers to be by himself, he is slowly crawling out of his shell.

A remarkable incident took place one day, which deserves special mention. A resident of Marudyan was struggling to wear a pair of pants which were big for him (received through donation). He asked for the pants and altered it immediately, bringing it down to a perfect fit for the man! He is finding his way back into the world, one step at a time.

50

Clients catered to

29

New Clients

10

Clients restored home

28

Clients underwent disability assessment

10

Clients under supported employment

Total kind donation received

756,777INR

# Drop-in-Centres (DIC)

## Hastings

The uniqueness of the Drop-in-Centre at Hastings lies in the fact that it is located within the premises of a Police Station. Iswar Sankalpa is the first organization to make the guardians of Law and Order look at the Homeless Persons with Mental Illness as human beings in need of care rather than law breakers. Unheard of such an instance anywhere in India, since 2009, the Hastings Police Station in Khidderpore, Kolkata is providing Iswar Sankalpa a space to run a daycare centre for homeless persons with mental illness. The centre offers a variety of services to the persons with mental illness who are experiencing homelessness, marginalization and extreme poverty, in the Khidderpore neighbourhood. The informal set-up gives a feeling of home to these so called vagrants for 5 hours (10 am – 3 pm) every day. The centre provides a safe space where gardening, playing games, cooking or simply chatting in a group helps the clients improve

their functionality and social skills. Psychiatric intervention is need based and treatment is supplemented with motivational counselling, dance therapy, green therapy and art therapy.

The centre also actively builds a support network in the community to create a community of caregivers and service providers. Drop-in-Centre clients who gain functional recovery from mental illness make different choices about their future course of life - some want to go back to their families, some may have resistant families, or no families to go back to, some may not want to go back to their families and therefore seek employment and supportive environment for living in the community of their choice. Last year, the drop in centre at Hastings got renovated by the clients. The walls were repainted and the centre went through a complete makeover.

## Keoratala

The Drop-in-Centre at Keoratala started after the success of the same at Hastings in the year 2013. The key idea was to set up a centre with a focus on hygiene and care. Equipped with a washroom with running water and availability of fresh clothes, the clients were able to maintain their hygiene and a sense of belonging was harnessed. According to Maslow, security is craved by all human beings despite the condition of their lifestyle - DIC Keoratala was successful in bridging the gap of

existence and belonging. The clients who never spoke to the caregivers on the road started becoming more expressive in return of the warmth and acceptance. They started sharing their thoughts and problems. Energiser sessions are conducted regularly to uplift their spirit and motivate them to take on the day. In house crafts includes making "*thonga*", a kind of a paper bag used widely within local shop owners. These are sold to local grocery shops.

12

New Clients catered to

29

Clients received functional literacy classes

35

Clients engaged in vocational training

## Story of Strength

**Gopal**, a 35-year-old male was identified in November, 2011 in Hastings area. He was engaged in rag picking and was an alcoholic. The social worker established rapport with Gopal. Within a few days, Gopal started visiting the DIC and spontaneously got involved in the routine there. However, sustaining his interest was a challenge since he got bored easily and continued to be dysthymic. Additionally, since his intake of alcohol was high, he stayed idle for long periods in-between and at times was quite stubborn. After a thorough psychiatric and psychological examination, he was found to be suffering from depression and having intellectual disability. He was immediately put under medication and counselling. Our first biggest task was to make him understand the adverse effects of alcohol abuse. We were persistent and strongly believed that he has tremendous potential when he is sober. His progress was slow but when he saw some of his friends at the drop in centre engaging in functional literacy classes, he also wanted to be part of the group. This was the turning point for Gopal. Right now, he is engaged in both the literacy and vocational training programme. His alcohol intake has stopped. Gopal is now responsive, participative and has friends. It is heartening to be part of his journey of change!



# Urban Mental Health Programme (UMHP)

The Urban Mental Health Programme (UMHP) began as a pilot project in collaboration with the Kolkata Municipal Corporation in two wards of the city- 78 & 82, with an objective of integrating mental health care with the physical health care services in the primary health centres. It provides psychosocial support to the socio-economically disadvantaged groups in the community; ensuring the service is;

- Available
- Accessible
- Affordable (treatment is free of cost)
- Appropriate
- Acceptable (sensitive to a client's socio-cultural context; combatting the prevailing stigma in the community)

Most importantly, it plays a key role in early detection and intervention to prevent the possibility of homelessness. It doesn't confine itself to a clinical service but also catalyses a client's inclusion into the mainstream society by providing vocational training (expanding the route towards employment), conducting door-to-door visits and organising awareness camps. Follow-ups are also an integral part of the programme (the team also reaches out to the clients by making home visits and phone calls to monitor a client's current health status.)

261

Clients registered

4011

Door to Door visits

533

Clients' home visits

20

Clients trained in vocational training

24

Clients in supported employment

17

Clients underwent disability assessment

38

Awareness meetings arranged

## Story of Strength

**Aklima Khatoon** was born in a loving and supportive family comprising of her parents and brother. They were in an economically sound position. She was married after she completed her class XII examination. Today, she is a 35 year old woman who has separated from her husband, has one son and an ongoing divorce case.

Problems began when she came to her father's house to get a gallbladder operation. During this time, her husband remarried. When news of the same reached her, she was shocked and appalled. She couldn't accept that such a thing had happened to her. In the light of such circumstances, she came to Iswar Sankalpa through the referral of another client. She complained of having negative thoughts, palpitations and restlessness. She wanted to do everything herself, was never satisfied with someone else's work. She was always worried about her child. She was in a habit of repeating her thoughts. She lacked confidence and continuously repeated that "*Main kuch nahi kar sakti.*" (I can't do anything.) She had feelings of anger against her husband. Things reached to an extreme, when she disclosed her suicidal ideation.

Her diligent and persistent efforts, regular doctor's consultation and counselling have borne fruit. Today one can see a different Aklima. She is someone whose self esteem has grown ten folds in comparison to the earlier state. She is working at a school and trying to stand on her own two feet to provide for her child. It is her courage and grit that has brought her to this juncture of her life. Here's to her happier and brighter future.

Total kind donation  
received

**133,802INR**

# Reintegration



**sankalpa**  
Sankalpa Foundation

To support a beautiful mind

**Stop!**

**Iswar Sankalpa**  
is a non-profit organization working to  
support and empower people with psychiatric disabilities.

It was founded in 2007 by a group of mental health professionals, with the  
aim of providing the broader services of advocacy, life skills, self-identity and  
rehabilitation through its four main, interconnected pillars.

The products displayed here are made by the men and women at our Sankalpa  
Work in Unity, and are often in collaboration with other Sankalpa partners.

With every dollar they give, they support a better world of acceptance, functionality,  
confidence and self-worth. And with every product you buy, you contribute  
directly to making the global Sankalpa Work Unit a better world.



Homelessness is a phenomenon which cannot be attributed to a particular reason. Every day we come across various reasons for homelessness ranging from family problems, disturbed childhood, mental illness to abuse. Once homeless, the exploitation chooses no boundaries. The goal of Iswar Sankalpa's intervention is the eventual integration of the client into the community - and if there is one - the family. Many clients are on the street because of a decline in cognitive functioning caused by mental illness, and tendency to wander and be lost.

As part of the recovery process, Iswar Sankalpa also works towards helping clients develop skills which they may be able to use for livelihood generation. This is part of the vocational training activities.

As the treatment progresses, they recover their cognitive functionalities, remember their names and their homes. With the help from various institutions, Kolkata Police, press and media, attempts are made to locate their families.

If the families cannot be located, or if they refuse to take back the client, or if the client is unwilling to move back to the family, Iswar Sankalpa makes other provisions for the relocation of such clients to safe spaces in the community, and cases of highly vulnerability, in institutions.

We conduct regular follow up of the restored clients, and our learnings are immense as the initial results of follow up were disappointing - while most clients are still with their families, many have discontinued their medication, either because of lack of availability of medicines or lack of initiative and ability on the

part of the family to continue treatment. While a few have resumed normal lives, most have no skills or opportunities to contribute productively, and are engaged in little or no activity beyond a few domestic chores. From this experience, we now conduct a much deeper assessment of the family and the community resources, and a longer engagement with both to ensure that a client returns to a family that is clearly aware of the client's needs and abilities, and that a network of community resource drawn from neighbours, panchayats, self-help groups are mobilized into supporting the client, as well as providing opportunities for productive activities.

Iswar Sankalpa focuses on three important aspects of reintegration:

### **Vocational Division**

Starting from basic improvement in fine and gross motor skills by focusing on therapeutic recovery, vocational training is aimed at making persons with psychosocial disabilities – homeless and home based adept with new skills, which contribute to their improved functionality, earnings and opens up job prospects for them. We have a dedicated training unit where clients are trained in stitching, sewing, pasting, cutting, decoupage etc. We have developed a range of products which are made by hand. Our most popular products are bags. Other products include purse, pen stands, bins, food trays, earrings and many more. The teams also try and link clients to established training centres in the community – especially in the community based urban mental health programme.

17  
**Total Exhibitions**

INR 4,62,825  
**Total sales**

102  
**clients earned**  
52,788INR

### **Restoration**

While Iswar Sankalpa provides shelter for men and women as part of the work, it is but the first essential step towards reintegration of these persons into established community spaces of work, families etc., and when there is a feeling of being included in these existing structures. For this it is essential that community spaces are prepped to foster social inclusion, as well as the persons are taught how to develop new skills and relearn lost skills, as well as engage in constructive processes to fit into these spaces. Our teams work with the clients to help find out their lost homes, and thus reunite families broken for years. The family, and neighbouring areas are worked with, provided psychoeducation, and linkages made to existing services in order to make the transition for the clients as easy as possible given the circumstances. There is regular follow up post restoration.

### **Resettlement**

Often, family units are unwilling to take the

clients back, and sometimes the clients do not want to go back to places which are a source of trauma for them. Additionally, sometimes people don't recall their homes or they can't be found. In these cases, once able to support themselves minimally, and be largely functional, Iswar Sankalpa has to explore other options for these clients to get reintegrated into the larger living spaces - through resettlement in new community spaces.

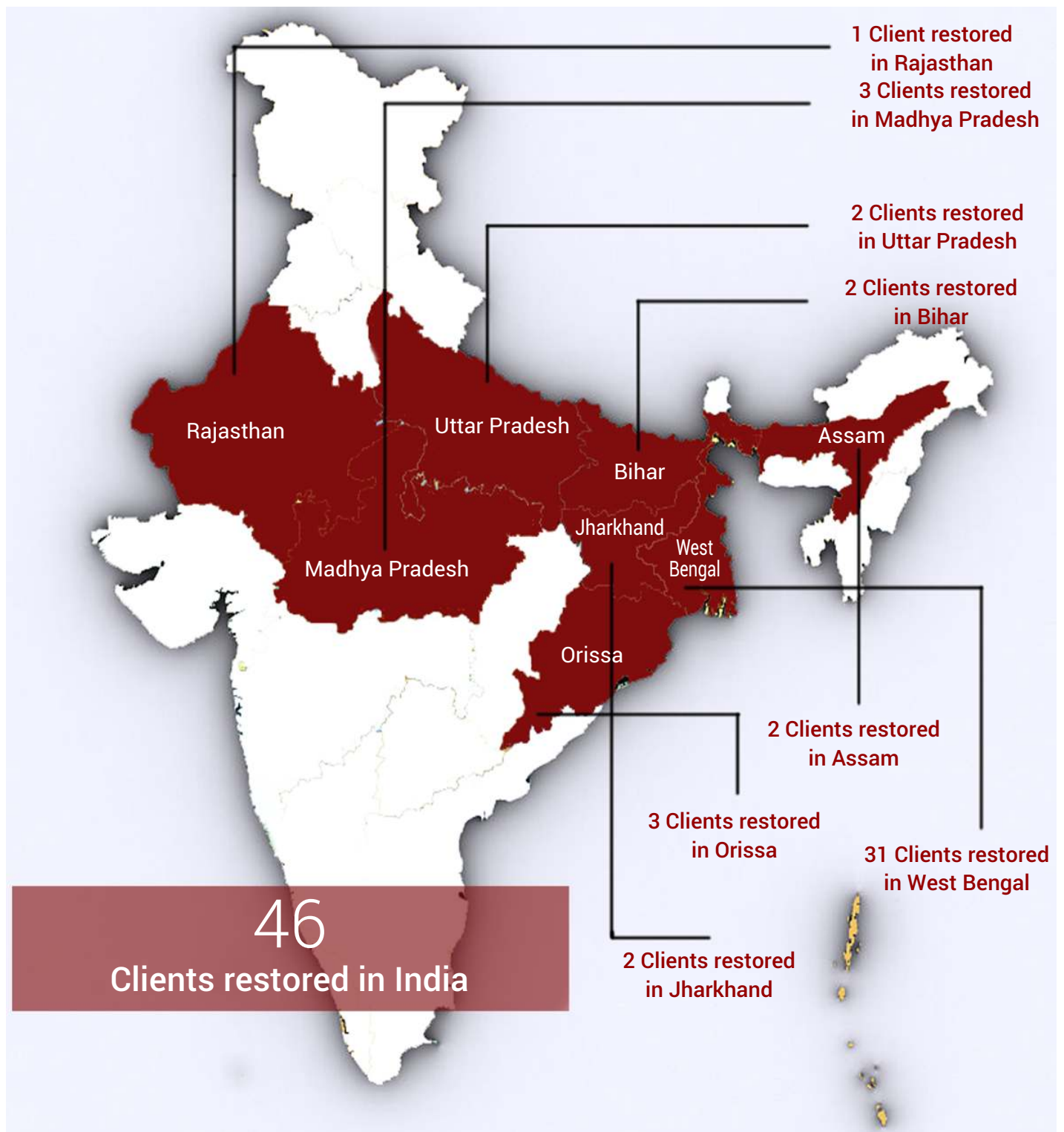
Iswar Sankalpa works with the community to prepare it to accommodate a person with psychosocial disabilities, and extend required support. Additionally, persons are chosen based on their current state of well-being, functionality and problem solving to be able to adjust best in these surroundings. We have recently started an independent living programme in Kashipur which is in a semi-rural set up which many of our clients are familiar with. Additionally, many clients were engaged in farming and land based tasks back from their time with their families, and the Kashipur independent living programme takes into consideration these primary things.

Nine women have made this transition and are living in rented accommodations equipped with three rooms, one kitchen, one bathroom, one toilet and a front porch. The first corner stone of the community centre cum clustered group homes was installed in a religious ceremony of '*bheet puja*' (foundation stone ceremony) which was completely arranged and organised by our clients and the community. Construction work is expected to begin later next year. Our women have started training in farming and are currently being partly supported by the organisation and partly support their own living expenses.

The primary goal of this set-up is to foster individual change and to eventually help people return to society and live a productive life. This is accomplished through a community of

people (staff and residents) working together to help themselves and each other. Residents learn from one another and learn to rely on each other - a skill that their illness has most likely prevented them from developing. The village community would embody the spirit of the home - an extension of the family rather than a

collection of competing individuals. Gandhi's dream was not of personal self-sufficiency, not even family self-sufficiency, but the self-sufficiency of the village community. By reviving the dignity of the work done by the "hands' vis a vis machines we aim to create self sufficiency in the long run.





# Self Help Groups

Self-Help Groups (SHG) enable people to come together and find ways to generate income, and improve their standard of living in society. It acts as a catalyst for bringing this section of society to the mainstream. The Moushumi SHG of Iswar Sankalpa is a self-sustainable,

dynamic group of women, which was founded two years ago. Now they run a staff canteen, provide food to outreach clients and run a tea stall in the community. It is an iconic, small hearty place where people from around the area flock together for *chai* and chat!



# Events, Awareness and Advocacy

Iswar Sankalpa's strategy involves regular networking and interaction with various stakeholders to increase community support, government support and ownership and a more mental health friendly Kolkata city. All the diverse festivals were celebrated with enthusiasm - From strengthening bonds on Raksha Bandhan, painting our hearts with love on Holi, welcoming Goddess Durga during Pujas, spreading the light of joy on Diwali to rejoicing our faith in God on Christmas.

## **ADVOCACY MEETING WITH HASTINGS POLICE**

A meeting was organised at Hastings Police Station. The main agenda of the meeting was to ensure maintenance of the area surrounding the Drop-in Centre and an appeal to improve the living conditions for the clients accessing the Centre. The Officer-in-Charge was present during the meeting along with 10 other policemen. They started making preparations for a change post the meeting itself - overwhelming us with an immediate response to our appeal and leading to a renovation of the DIC at their own expense.

## **ANNUAL SPORTS MEET**

An Annual Sports Meet was organised at Chetla Park. This was an initiative to link mental well-being and physical well-being for overall good health. There were 100 participants. The event was attended by clients, families, local councillors, community folk, and various club persons. Various forms of races took place and there was a special round of musical chairs for the caregivers and the guardians of our clients who give us immense support in our

work and a Flat Race for the Staff Members of Iswar Sankalpa. The winners, first runners up and second runners up were given medals and prizes. Besides, consolation prizes were given to all the participants.

## **AWARENESS MEETING WITH THE RELIGIOUS LEADERS OF THE COMMUNITY**

A unique awareness meeting was organised in wards 78 and 82 of the city with 33 religious leaders of the community; representing Hinduism, Islam and Christianity. The main objective was to disseminate information about the organisation's work and about mental health concerns. They are a channel through which the intended message (importance of early intervention) can travel down to the common man. Refraining from questioning their healing practices, the importance of modern medicine for treating mental health condition was conveyed and the possibility of the coexistence of "dawa" (pharmacological intervention) and "dua" (faith healing) was explained to them.

## **REHABILITATION FAIR**

'Srishtir Poth Chola' (Down the thoroughfare of creation) - A rehabilitation fair was organised where other organizations working in allied fields with the goal of reintegrating persons with disabilities into mainstream society were also invited to participate. This fair was organised to showcase the talent every individual is bestowed with, despite their disabilities and to bring their 'abilities' to the forefront. It included a day-long cultural programme where our clients and community

folks participated. The self-help group from Sarbari, Moushumi also set-up a stall there selling tea and snacks. Our self-advocates shared their real-life stories and their journey with us. It was very insightful as it gave people the scope to think and believe that mental illness is treatable/manageable and that proper care and treatment does render persons suffering from mental illness a better life.

### **PINKATHON**

A nation-wide marathon, a movement, symbolising women empowerment was organised in Kolkata on 26th of March 2017. 11 women from Sarbari shelter along with a few staff members participated in it, completing the 3 km run. The event marked the celebration of womanhood, inclusion, and "health for all."

### **RAKHI CEREMONY**

Tying rakhi to each other has always been a ceremony of great importance as the festival denotes the never ending love of brotherhood and sisterhood. Last year, we celebrated Rakhi by going out on the streets and tying rakhi to the community people. We did a protest walk against the stigma of mental health and to promote inclusion.

### **ANNUAL PROGRAMME**

We welcomed 2017 with zest and zeal, since it marked a decade of Iswar Sankalpa's presence in the city. On 15th January 2017, we celebrated in full magnificence at Indian Council for Cultural Relations. The gamut of performances included - Tabla quartet by Pandit Tanmoy Bose and his disciples, a dance drama based on Rabindranath Tagore's *Rakta Karabi* presented by our clients and a photo documentary by Ms. Jayati Saha. The products made by our clients were exhibited too. Their

enthraling performances will resonate in our hearts and minds for days together!

### **PUJO PARIKRAMA**

On the 6<sup>th</sup> day of the auspicious Durga Puja, all the women and men clients from Sarbari and Marudyan took part in an outing where they visited six puja pandals. Starting from Badamtala to Mudiali and ending at Chetla, it was a day of pure fun and frolic. Our clients loved the day out during the festive season when the city is beautifully lit.





# Staff Capacity Building

Iswar Sankalpa's strength to do this work comes from its team. Hence, it is our continuous endeavour to make our team stronger and better every day. Our most important employee engagement programme is our staff capacity building initiatives. It is done in order to make the team develop competencies and skills that can make them more effective and developed, thus increasing the potential of Iswar Sankalpa to enrich lives.

## **MONITORING AND EVALUATION WORKSHOP**

This was organised to equip our employees with basic monitoring and evaluation skills. The workshop intended to facilitate our different projects to chalk out their long term goal, annual work plan and set indicators for each work.

## **CASE STUDY WRITING WORKSHOP**

A half-a day 'Case Study Writing Workshop' was organized to orient participants on the concepts of writing engaging case studies that demonstrate change in the lives of the people and reflect success of the project/s, leading to generating well-documented case studies for various reporting needs.

## **CORE ORIENTATION PROGRAMME FOR NEW EMPLOYEES**

The Orientation Programme was organised for new employees who joined Iswar Sankalpa in the Financial Year 16-17 to brief them about the vision, mission, core values and HR policies of the organisation and to introduce them to mental health and illness and various projects

of the organization.

## **TEAM BUILDING SESSIONS**

The team travelled to Jhalong, in the Kalimpong district in West Bengal to engage in an off-site team building sessions, in 4 groups. The purpose of such team building session was to bring together members of different teams in a place outside the office environment where they get a chance to know each other and resolve their grievances. The session offers a series of team building exercises and stress busting activities.

Apart from this, team building sessions were held in office premises on a monthly basis.

## **INTAR WORKSHOP**

A 5 member team from Iswar Sankalpa participated in INTAR 2016 hosted by Bapu Trust in Lavasa, Pune in November. The theme of the conference was "Trans-cultural Dialogues about Mental health, Extreme states and Alternatives for Recovery". The conference saw a gathering of activists, service users and academia – from all over the world to discuss humane approaches to extreme mental crises, to dialogue and to learn from each other. Each day 2 plenary sessions and 8 workshops were held.

# The Road Ahead

In the next phase, Iswar Sankalpa will create two separate units based on the vocational activities being currently done – The Vocational Training Unit and the Craft and Empowerment Division.

## Vocational and Production Units

A) *The Vocational Training Unit* : This unit will have a dual role – that of reacquainting clients with their fine and gross motor skills, providing a therapeutic value and also act as a ground for development of vocational skills, hence training clients who may be able to use this skill for livelihood generation.

B) *The Crafts and Empowerment Division*: This division will focus on production of crafts based items by the clients which will contribute to their livelihood, hence assisting them to move towards supported living.

## Expansion of Urban Mental Health Programme

The expansion of the urban mental health programme is planned to 3 more wards over 3 years, making it 5 wards in the city in total. This expansion is planned under the National Urban Health Mission with the partnership of the Kolkata Municipal Corporation. With this, the organisation is working towards increasing the stake of the government, and creating more spaces in the city for early intervention and prevention of homeless and home-based persons with psychosocial disabilities.

# Kashipur Resettlement Programme

With the support of The Oak Foundation, Iswar Sankalpa has purchased a 50403 sq. ft. land in the outskirts of the city, in Kashipur for a long stay housing facility. Work has already started here with some clients living there already.

In the next 2 years, one of the primary focus will be setting up a permanent structure for Iswar Sankalpa's programme participants. The vision is to build a sustainable model – an eco-village where community living will involve working and earning together and sharing each other's resources as a support system. The main livelihood will be organic farming, animal breeding, pisciculture and handicrafts. The

produce will be used for consumption and income generation. The centre will be a part of the inclusive development of the village of Kashipur.

**Progress so far:** Land registration is complete. Architectural design is ready. Pilot phase of the programme is underway. Community involvement has started with 2 mental health camps in the village.

**Support required for Construction:** Estimated Cost INR 3,00,00,000



## Crust & Core : A Training Unit of Iswar Sankalpa

Iswar Sankalpa is looking at a social entrepreneurship model of work through a cafeteria cum boutique for economic independence of the persons with psychosocial disability and organisation sustainability. This will act as a food training centre for the clients and will be managed by them too. Upon successful completion of the training, placement support will be provided in the hospitality industry. The cafe has been conceived as a space that will showcase the employability and skills of persons with psychosocial disability and break the stigma and myths surrounding the inclusion of such persons in mainstream society.

**Progress so far:** Purchase of the cafeteria space completed including paperwork. Training of 10 persons started in baking and managing front end of the café space.

**Support Required for setup expenditures.**  
**Estimated Cost:** INR 9,00,000.





# Partners

**We wouldn't exist without you ! A heartfelt thanks to our partners, donors, funders and well wishers.**

The Hope Foundation

Oak Foundation

Paul Hamlyn Foundation

Seahorse Trust

Tactors India Ltd.

Tarun Sinha Memorial Trust

The Collisson Charitable Trust

Azim Premji Philanthropic Initiatives

Social Welfare Department, Government of West Bengal

Controller of Vagrancy, Government of West Bengal

Tides Foundation

Ashirvadam Trust

# Individual Donors (For donation in cash)

Kamalika Bhattacharya	Deepak Gupta	Sanchita Sil
Mr. Ramesh Jankiram	Sanibh Aryan	Swapan Kumar Datta Ray
Anirban Roy	Ranadeb Roy	Asit Kumar Day
Suniti Boral	Debjit Biswas	Papia Day
Shyamal Barui	Poulomi Saha Mukerji	Pfizer Limited
Deb Saran Sau	Adnan Amreliwala	Kuber Memorial Charitable Trust
Guvenc Kucuktok	Smaranjit Chatterjee	Inner Wheel Club of Calcutta
Sarbani Das Roy	Vasudeo Goenka	Rotary Club of Calcutta
Dipak Chakraborty	Manish Singh	New Alipore Trust
Abir Chatterjee	Dr. Ronak Solanki	Jodhpur Tea and Industries Pvt. Ltd.
Rajendra Khandelwal	PR Venkiteswaran	Paripurnata
Jb. Firhad Jakim	Kaushal Kumar Singh	Papia Cottage
Poonam Singh	Sumit Chowdhry	Institute of Social work
Blue Krishna	Vinay Bajla	Kuhak
Rajyasree Banerjee	Md. Ekbal Habib	Artifacts
Tias and Kanchan Chatterjee	Mondreeta Sengupta	Anubhuti
Arup Chattopadhyay	J.B. Singh	An-Nafi-Creations
Rony Sanyal	Rajeev Ranjan	Nalanda Charitable Foundation
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Lalita and Sidharta Banerjee	Malavika Kanoria	Seahorse Guild Calcutta Chapter
Sushmita Chattopadhyay	Rajiv Tandon	Mrinal Kumar Chatterjee
Rajlakshmi Swaminathan	Arun Nabar	Womens' Christian College, NSS UNIT
Pratima Dey	Arun Kumar	Lilabati and Phanindranath Dey Memorial Trust
Avisheaek Krishana Dutt	Praveen Sinha	Rajul Zaveri
Indraneel Chatterjee	Raja Mondal	Venkateswaran Srinivasan
Atul Jhunjjunwala	Arvind Sinha	Raja Sekhar Reddy
Deotima Mukherjee	Chandan Rathore	Paramita Roy
Priyanka Sen	Mita Chakraborty	Debdatta Ray
Saurav Ghosh	Maitree Ahmed	Amrita Roy
Abhirup Guha	Anup Sodhani	Dasika Shishir
Pankaj	Vivekananda Bose	Sagar Kancharia
Priyanka Bhattacharya	Ananya Bhattcharyya	
Shalley Soni	Anuradha Shah	
Saptashwa Banerjee	Aparna	
Rahul Mohata	Arup Ratan Gooptu	
Vikash Saraf	Gopal Das Rathi	
Ankur Rakshit	Tarun Rathi	
Partha Pratim Nag	D.J. Sengupta	

# Institutional Donors (For donations in kind)

Hudco Ltd.

Prabha Madanlal Goenka  
Foundation

Smt. Prabhalaxmi Zaver Chand  
Mehta Charitable Trust

Kalighat Morning Club

Manav Jyot

Calcutta Medical College &  
Hospital

Himmat Bhai and Group

Surabja Ghalani Memorial Trust

B.P.B.E Women Council

Golden Club

Radhakrishna Seva Trust

Inner Wheel Club

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Sharing is Caring

Skipper

Anokhi (Russel St.)

Rotary Club

South Calcutta Girls College

Loreto College

L & T Financial Services Limited

Sri Guru Singh Sabha



# Individual Donors (For donations in kind)

Arnab Debnath  
Amrita Roy  
Priyanka Jana  
Paras Mehra  
I.K.K.S Marwah  
Himit Barodia  
Sadguru Srei & S.K Kanoi  
Dr. Abhiruchi Chatterjee  
Sarita Agarwal  
Aditi Dutta  
Dr. Srikumar Mukherjee  
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Sabita Sikdar  
J.S. Memorial  
Ankit Nawalgaria  
Moumita Biswas  
Prabha Madanlal  
Saswati Bhattacharya  
Kanchan Jhajharia  
Sarbani Das Roy  
Satabdi Banerjee  
Sankar Chakroborty  
Easha Paul Bhattacharya  
Dr. Prabir Paul  
Prasanjit Chakroborty  
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Father Joren Basumata  
Gouri Dey Sarkar  
Bijay Agarwal  
Reshmi Agarwal  
Lalita Poddar  
Gunjan Chandak  
Rajendra Khandelwal  
Dr. Suleman Khan  
Shila Dey  
Santanu Das  
S.S Poddar  
Sashi Khandelwal  
Avijit Chakroborty  
Madhu Lohia  
Samir Khan  
Kamal Soni

# Exhibition for Vocational Training Products

Apeejay House

Coal India

Atos India Private Limited

Elegance Boutique

Gokhala Memorial College

Capgemini India

R.S. Software

Rani Birla College

Calcutta International School

L&T Financial Services Limited

ITC Limited

ANCIAAP, Kolkata

Disability Fair, Government of West Bengal

PWC Private Limited

69th ANCIPS, Raipur

## Government Officials, Community Partners and Well Wishers

Shri Keshari Nath Tripathi -

Hon'ble Governor of West Bengal

Janab. Firhad Hakim - Minister for Urban  
Development and Municipal Affairs

Dr. Shashi Panja, Minister of State for  
Women & Child Welfare and Social Welfare

Swapan Kumar Ghosh, Secretary of Kalighat  
Morning Club

Pradip Sen, Well Wisher

Prashant Bose, Community Partner

Rita Roy, Well Wisher

Jayanti Purkayastha, Community Partner

Aditi Paul, Community Partner

Diptarsho Josh, Community Partner

Sharmistha Roy, Well Wisher

Partha Mukherjee, Well Wisher

Bijon Mohanty, Well Wisher

Rituporno Banerjee, School Teacher

Champa Das, Well Wisher

Sontosh Kumar Das, Secretary of Kailash

Vidya Mandir Hostel

Sri Rajeev Kumar, Commissioner,  
Kolkata Police

Pratap Biswas, Officer In-Charge  
Hastings Police Station

Kalicharan Banerjee, Deputy Manager  
Social Welfare Department

Uma Basu, School Teacher

Agata Roy, Singer

Shayak Basu, Well Wisher

Atanu Mukherjee, Well Wisher

Anusuya Mitra, Well Wisher

Dijan Mahanty, Well Wisher

Shailen Bhattacharjee, Well Wisher

Bijoy Laxmi Chakraborty, Well Wisher

Soma Desuja, School Teacher

Bula Das, Well Wisher

Soma Kar, Well Wisher

Shibaji Mitra, Well Wisher

Kashinath Ghosh, Well Wisher

Sanjay Roy, Well Wisher

# Governance, Accountability and Transparency

## Governing Board

Sl. No.	Name	Age	Gender	Occupation	Position	Amount paid in 16-17	Form of payment
1.	Dr. Prabir Paul	64	Male	Psychiatrist	President	179439	Consultancy
2.	Mr. Rajendra Khandelwal	61	Male	Business	Vice-President	Nil	N.A.
3.	Ms. Sarbani Das Roy	52	Female	Director of Iswar Sankalpa	Secretary	708000	Salary
4.	Ms. Rinku Soni	41	Female	House-wife	Asst. Secretary	Nil	N.A.
5.	Dr. Srikumar Mukherjee	59	Male	Psychiatrist	Treasurer	336504	Consultancy
6.	Mr. Surajit Ray	69	Male	Corporate Trainer	Member	Nil	N.A.
7.	Ms. Kalpana Basu Mazumder	61	Female	Head of crafts and empowerment at IS	Member	261360	Salary
8.	Ms. Jayati Saha	49	Female	Lawyer, Photographer	Member	Nil	N.A.
9.	Dr. Abir Mukherjee	48	Male	Psychiatrist	Member	130800	Consultancy

## Information on distribution of staff by Gender and Salary (2016-17)

Slab of gross monthly salary (in Rs.) plus benefits paid to staff	Male Staff	Female Staff	Total Staff	Type of Personnel	Male	Female
2500-5000	-	-	-	Paid (Consultant)	1	8
5001-7000	-	1	1	Paid (Volunteer)	4	-
7001-15000	12	20	32	Unpaid (Volunteer)	28	8
15001-30000	2	12	14			
30001-50000	1	3	4			
>50000	1	1	2			
<b>Total</b>	<b>16</b>	<b>37</b>	<b>53</b>			

## Details of National and International Travel by Staff/ Board Members at the expense of the organization in 2016-17

Travel Details	Amount (Rs.)
Total Cost of National Travel by Board Members/Staff on behalf of the Organisation (Included-Staff Training, Attending Meeting/Conference) - funded by Tata Trust, Oak Foundation, Paul Hamlyn Foundation)	2,75,919
Total Cost of International Travel by Board Members/Staff on behalf of the Organisation	Nil

## Governing body meeting in 2016-17

Date	Attendance
30-06-2016	5/8
14-07-2016	6/8
05-08-2016 (AGM) **	8/8
06-09-2016	5/9
06-03-2017	7/9
16-03-2017	7/9

\*\* 8 board members, 4 invitees, 4 staff



## INDEPENDENT AUDITOR'S REPORT

To  
The Member  
Iswar Sankalpa  
138 S.P. Mukherjee Road  
Kolkata 700 026

### Report on the Financial Statements

We have audited the Consolidated Financial Statements of ISWAR SANKALPA, society registered under the Societies Registration Act 1961 which compose the consolidated Balance sheet as at March 31, 2017 and the Consolidated Income and Expenditure Account and the Receipts and Payments Account for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and other explanatory information.

The consolidated financial statements have been compiled and prepared incorporating the various independently audited financial statements as at 31st March, 2017 of Iswar Sankalpa, the General fund and other Projects and activities in various names namely, ASCENT, Core Support, Shelter for Urban Homeless (Men) - Marudyan, Nayadaur, Arogyu, Sampoorna, Sambhandan (Seperately for each, Funding agency), Shelter for Urban Homelsss for Women, Vocational Unit and Sarbari etc.

### Responsibilities of Management and Those Charged with Governance for the Financial Statements.

Management of the Society is responsible for the preparation of the financial statements and give a true and fair view of the financial position and the financial performance in accordance with the Accounting Standards generally accepted in India. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation and compilation of the financial statements that give a true and fair view and free from material misstatement, whether due to fraud or error.

### Auditor's Responsibilities for the Audit of the Financial Statements.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Standard on Auditing will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

### Basis for Opinion

We conducted our audit in accordance with Standards on Auditing (SAs). Our responsibilities under those Standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the entity in accordance with the ethical requirements that are relevant to our audit of the financial statements, and we have fulfilled our other responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## INDEPENDENT AUDITOR'S REPORT

### Opinion

In our opinion, the accompanying financial statements of the entity are prepared, in all material respects, in accordance with the Laws of the country applicable to the Non-Government Organizations or Institutions and give a true and fair view.

1. of the consolidated financial position of the entity as at March 31.2017.  
and
2. of its consolidated financial performance for the year then ended in accordance with the Accounting Standards issued by the Institute of Chartered Accountants of India (ICAI).

For De Subir Kumar & Co  
Chartered Accountants  
Firm's Registration No.317010E

CA Subir Kumar De  
Proprietor  
Membership No.053022  
Kolkata :  
Date : August 02.2017

## ISWAR SANKALPA

138 Shyamaprasad Mukherjee Road, Kolkata 700026

### CONSOLIDATED BALANCE SHEET AS AT 31ST MARCH 2017

<u>LIABILITIES</u>	<u>Sch</u>	<u>AMOUNT (Rs.)</u>	<u>ASSETS</u>	<u>Sch</u>	<u>AMOUNT (Rs.)</u>	<u>AMOUNT (Rs.)</u>
<b>GENERAL FUND</b>			<b>FIXED ASSETS</b>			
As per last A/c		2153763.73		L		4624392.28
Add : Excess of Income over Expenditure		<u>1056161.92</u>	<b>Advance for Land</b>			310000.00
		3209925.65	- At Netra, Jibontala			8274.00
		952369.30	- Advance against Civil Work (Kashipur)			
<b>CORPUS FUND</b>						
As per Last A/c		4518232.90				
<b>FIXED ASSETS RESERVE</b>	P		<b>CASH AND BANK BALANCES</b>			
Annexure - B			Synd. Bank A/c 95032010048521		17678907.40	
			Synd. Bank A/c 95032010054251		30100.47	
			Synd. Bank A/c 95032010058129		1829302.36	
	P	21368515.98	Synd. Bank A/c 95032010058114		31837.90	
Unutilized Grant in Aid			Synd. Bank A/c 95032010054140		1898052.68	
Annexure - B			SBI A/c 35161193511		2466444.26	
Profession Tax Payable	M	3600.00	Axis Bank A/c 910010048707207		1218979.89	25153624.98
Tax Deducted at source	N	43151.00				
Employees cont. to PF payable	O	34778.00				
Employers cont. to PF payable	O	38718.00				
Provident fund payable	O	3840.00				76839.56
<b>Total</b>		<u><u>30173130.82</u></u>				<u><u>30173130.82</u></u>

Notes on Accounts - Annexure C  
This is the Consolidated Balance Sheet signed in terms of our Report of even date.

**For De Subir Kumar & Co**  
Chartered Accountants  
Firm's Registration No.317010E

CA Subir Kumar De  
Proprietor  
Membership No.053022  
Kolkata, 02.08.2017



## ISWAR SANKALPA

138 Shyamaprasad Mukherjee Road, Kolkata 700026

### CONSOLIDATED INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED MARCH 31, 2017

<u>EXPENDITURE</u>	<u>Sch</u>	<u>AMOUNT (Rs.)</u>	<u>ASSETS</u>	<u>Sch</u>	<u>AMOUNT (Rs.)</u>	<u>AMOUNT (Rs.)</u>
To direct Expenses	A	3029173.00	By Donation Received			
To Program Cost	B	2202361.00	- For Spl. Donation		40900.00	
To Direct Programme Cost	C	1743468.00	- Foreign Donation		560508.70	
			- Donation General		446790.76	1048199.46
To Programme Support Cost	D	413692.00	By Annual Membership Fee			45000.00
To Programme Running Cost	E	693975.00	By Grant in Aid Utilized			
To Other Direct Cost	F	447513.00	- As per ANNEXURE B	P		18188461.00
To Community Care	G	227516.00	By By Fixed assets Reserve written off	P		241611.67
To Staff Salaries & Personnel	H	9074375.00	By Bank Interest			
To Indirect Overhead Exps.	I	458126.00	Syndicate Bank		44849.90	
To Travel and Conference	I	168404.00	AXIS Bank		54453.00	99302.90
To Independent living programme cost at Kashipur		7657.00	By Sale of Vocational Material			412865.00
To unutilised grant Transfer - Sambardhan		208700.00	By Beneficiary contribution			40405.00
To Consultant & other Services	K	90280.00	By Participants Fees			1000.00
To Bank Charges		4375.61	By TDS Received from IT Dept.			1020.00
To Depreciation	L	257030.51	By Provident Fund Difference			4943.00
To Excess of Income over expenditure		1056161.92				
<b>Total</b>		<u>20082808.03</u>	<b>Total</b>		<u>20082808.03</u>	<u>20082808.03</u>

This is the Consolidated Income and Expenditure Account signed in terms of our Report of even date

**For De Subir Kumar & Co**  
Chartered Accountants  
Firm's Registration No.317010E

CA Subir Kumar De  
Proprietor  
Membership No.053022  
Kolkata, 02.08.2017

# ISWAR SANKALPA

138 Shyamaprasad Mukherjee Road, Kolkata 700026

## CONSOLIDATED RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED MARCH 31, 2017

RECEIPTS	Sch	AMOUNT (Rs.)	PAYMENTS	Sch	AMOUNT (Rs.)	AMOUNT (Rs.)
To Balance B/d			By Direct Expenses	A		3029173.00
Cash in hand		58744.55	By Program Cost	B		2202361.00
Synd. Bank A/C 95032010048521		12041274.74	By Direct programme Cost	C		1743468.00
Synd. Bank A/C 95032010054251		31699.58	By Prog Support Cost	D		413692.00
Synd. Bank A/C 95032010058129		1354736.98	By Prog Running Cost	E		693975.00
Synd. Bank A/C 95032010058114		37564.72	By Other Direct Cost	F		447513.00
Synd. Bank A/C 95032010054140		7637742.22	By Community Care	G		227516.00
SBI A/C 35161193511		2073830.00	By Staff Salaries & Personnel	H		9074375.00
Axix Bank A/C 910010048707207		1277177.00	By Indirect Overhead Exps	I		458126.00
To Donation Received			By Travel and Conference	J		168404.00
- For Spl. Donation		40900.00	By Consultant & Other Services	K		90280.00
- Foreign Donation		560508.70	By Advance against Civil Work (Kasipur)			8274.00
- Donation General		446790.76	By Bank Charges			11168.61
To Grant in Aid Received			By P. Tax paid	M		54150.00
- Tarun Sinha Memorial Trust		35000.00	By T.D.S. paid	N		311139.00
- Project Nayadaur (THF)		1841787.00	By Provident Fund Paid			831041.00
- Project Vocational (Ashirvadam)		358400.00	To Social security for staff (ESI)			307534.00
- Project Sarbari (APP)		3626300.00	By Fixed Assets	L		168149.00
- Project Sambandhan (TIDES)		7157241.36	By Independent living program cost at Kashipur			7657.00
- Project Ascent - The Collinsson trust		488294.00	By Unutilised grant Transfer- grant Transfer - Sambandhan			208700.00
- Shelter for Urban Homeless (Men & Women)		669000.00	By Closing Balance C/d			
- Project Sampoorna (PHF)		2997675.00	Cash in hand		76839.56	
To Annual Membership Fee			Synd Bank A/C 95032010048521		17678907.40	
To Bank Interest			Synd Bank A/C 95032010054251		30100.47	
Syndicate Bank		844530.54	Synd Bank A/C 95032010058129		1829302.36	
AXIS Bank		54453.00	Synd Bank A/C 95032010058114		31837.90	
To Beneficiary Contribution for hygiene			Synd Bank A/C 95032010054140		1898052.68	
To Sale of Vocational Material			SBI A/C 35161193511		2466444.26	
To Sale of Vocational Material (Men)			Axix Bank A/C 910010048707207		1218979.89	
To P. Tax received	M	2768.00				
To T.D.S. Deducted or Received	N	53550.00				
To Employee Contribution to PF	O	334577.00				
To Employer's Contribution to PF	O	398368.00				
To Social security for staff (ESI)	O	443413.00				
To Advance Received for Netra land		283312.00				
To Participation Fee		40000.00				
To TDS Received from IT Dept.		1000.00				
		1020.00				
<b>Total</b>		<b>45687160.15</b>	<b>Total</b>		<b>45687160.15</b>	

Notes on Accounts - Annexure - C  
This is the Receipts & Payments A/c signed in terms of our Report of even date.

**For De Subir Kumar & Co**

Chartered Accountants

Firm's Registration No.317010E

CA Subir Kumar De

Proprietor

Membership No 053022

Kolkata, 02.08.2017

# How Can You Help?

Every penny towards our work counts. Iswar Sankalpa's work in the last decade has developed thanks to unwavering support from countless individuals and key institutional donors who have partnered with us in our journey to transform lives. Here are some ways you can help.

Donation options	Details
Support Medicines for a Client	INR 4,200 Covers medicines for one client for a year
Meals for Male Shelter Clients	INR 12,000 Covers breakfast, lunch and dinner for one week for 30 residents
Special Occasion Lunch (Non vegetarian)	INR 24,000 Special lunch freshly cooked and served in our shelters for 120 clients in celebration or in memory of an occasion
Festival Dresses	INR 36,000 Covers new dress for 120 clients
Supporting a Client towards Independent Living in the Community	INR 54,000 Covers salary for 12 months for one client working in organic farm land owned by Iswar Sankalpa
Group Home Initiative	INR 80,000 Covers setting up cost and house rent for 12 months for a group home in the community facilitating independent living for people
Corpus Fund	INR 50,000 Supports financial stability of the organization and sustainability of projects
No Strings Attached	Any amount of your choice donated for the cause of homeless persons with psychosocial disability

## Volunteer & Internship Programmes

Iswar Sankalpa provides a vast range of internships and volunteering opportunities from various fields of study in different ongoing programmes to be mentored by our team. People are also welcome to lend their skills and expertise to our cause.

Drop a mail at [hr@isankalpa.org](mailto:hr@isankalpa.org)

### **FCRA Money Transfer Details :**

Bank Name	Syndicate Bank
Branch Name	R.B. Avenue
Branch Address	134, Rashbehari Avenue, Deshapriya Park Crossing, Kolkata 700 029

### **Non-FCRA Money Transfer Details :**

Bank Name	State Bank of India
Branch Name	Gokhale Road, Branch Code 02062
Branch Address	Gokhale Court, 1st Floor, 1/2 Harish Mukherjee Road, Kolkata 700 020

Send your contributions by Cheque in favour of ISWAR SANKALPA to 138 S.P. Mukherjee Road, Kolkata 700 026 or through Bank Transfer.

Society Registration No. S/1L/42976

Date of Registration : 06.03.2007

IT, Section 12A Registration : DIT(E)/S-27 8E/436/08-09

IT, 80G, Registration : DIT (E)/2997/8E/436/08-09

FCRA Registration : 147120892

PAN : AAAAI1966N

All donations are tax exempted under 80G of IT Act, 1961

For more information please write to [info@isankalpa.org](mailto:info@isankalpa.org) or [isankalpa@gmail.com](mailto:isankalpa@gmail.com) or [gunjan@isankalpa.org](mailto:gunjan@isankalpa.org)



This annual report of Iswar Sankalpa 2016-17  
is published in the month of December 2017

All the information provided here are to the best  
of our knowledge

Written by  
Kaustuv Nag | Gunjan Chandak Khemka

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*"Recovery is a process, a way of life, an attitude,  
and a way of approaching the day's challenges.*

*It is not a perfectly linear process. At times our course is erratic and we falter,  
slide back, Re-group and start again ... The need is to meet the challenge of  
the disability and to re-establish a new and valued sense of integrity and  
purpose within and beyond the limits of the disability; the aspiration is to live,  
work, and love in a community in which one makes a significant contribution."*

*~ (Desgan 1988)*

ISWAR  
**Sankalpa**

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